

Newsletter

March/ April 2026

The Glasgow Senior Citizens Orchestra and Singergie Choir get a standing ovation at the end of their fabulous Spring Concert.



The Glasgow Senior Citizens Orchestra with a packed audience.



The Singergie Choir with the Glasgow Senior Citizen Orchestra



KNIGHTSWOOD
COMMUNITY CENTRE

enquires@knightswoodcentre.co.uk

www.knightswoodcentre.co.uk

The Singergie Choir and the Glasgow Senior Citizens Orchestra are a partnership made in paradise. What an entertaining afternoon of enjoyable music in Knightswood Community Centre on Thursday 23rd of April. The repertoire was an eclectic mix; including Wagner, Strauss, Elvis and the joint finale of Dougie McLean's Caledonia brought the house down and had the audience on their feet applauding.

GLASGOW SENIOR CITIZENS ORCHESTRA

ESTABLISHED 1963

Musical director: Colin Suckling

WITH THE GLASGOW SINGERGIE CHOIR

Choir Coach: Alison Brien



SPRING CONCERT



Thursday April 23rd 2026, 1.30pm at Knightswood Community Centre

PROGRAMME

- | | |
|---|---|
| Grand March from “Tannhauser” | <i>R. Wagner, arr Vernon Leidig</i> |
| Raindrops Keep Fallin’ on my Head | <i>Burt Bacharach, arr. Norman Taylor</i> |
| Beguine with the Beatles | <i>Arr. Glyn Bragg</i> |
| La Marseillaise | <i>Rouget de Lisle</i> |
| Les Miserables | <i>Claude-Michel Schonberg, arr. Bob Lowden</i> |
| Choir items:
<i>Under the Moon of Love</i>
<i>Make your own Kind of Music</i>
<i>VE Day Medley</i>
<i>Spirit in the Sky/Shang-a-Lang</i>
<i>Wild Mountain Thyme</i>
<i>Elvis</i> | |
| Montagues and Capulets from
“Romeo and Juliet” | <i>Sergei Prokofiev, arr Peter Lawson</i> |
| Overture “Die Fledermaus” | <i>Johann Strauss</i> |
| The Danube Flows into the Clyde | <i>Colin Suckling</i> |
| Caledonia | <i>Dougie McLean, arr Chris Rodger,
Lynne Jack and Colin Suckling</i> |



Knightswood Community Cinema

Film Screening Times 1.00pm
(No booking Required)

Monday Films (Free) from May and June 2026



May 2026

Monday 4 - Flintstone Movie (PG)

Monday 11 - Rental Family

Monday 18 - Hamnet

Monday 25 - The Princess Bride (PG)

June 2026

Monday 1 - Psycho (1960)

Monday 8 - H Is For Hawk

Monday 15 - Song Sung Blue

Monday 22 - Saipan

Monday 29 - Zootropolis 2 (PG)



For information please call: 0141 959 9419

Tea, Coffee, biscuits 12.30pm (£1.00 Donation)



Knightswood Community Centre Youth Forum Goes Gardening

The Centre's Youth Forum have now agreed to maintain two whisky barrel planters in the community garden. Michel Woods from the garden group took a workshop with five young people on Tuesday 14th April. Along with Lomond the Forum Project Worker they weeded the barrels and planted an array of vegetables, shrubs and plants including potatoes, lavender and perennial salvia.



A barrel full of vegetables



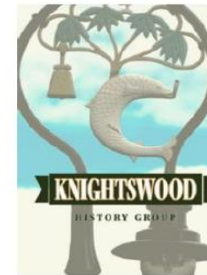
A barrel full of plants and shrubs

Knightswood History Group



Membership is open to all interested parties. Established over 50 years ago, we meet fortnightly on Tuesdays from September to June in Knightswood Community Centre @ **10.30am**
Talks and presentations cover a diverse range of stimulating, informative and interesting subjects with engaging and expert speakers. New members and visitors are always welcome.

Autumn 2026 Schedule



- | | |
|-----------------------------------|--|
| 8th September: | Member Consultation Meeting |
| 22nd September: | “Beyond Births, Marriages & Deaths” |
| 6th October: | A Short History of the Clyde Naval Base |
| 20th October: | Talbot House – A Paradise in Hell |
| 3rd November: | Homes by Association |
| 17th November: | The First Emperor – The Incredible Life of Frederic Lamond |
| 1st December: | Knightswood – Times Past: Interactive Session |
| 15th December: | Christmas Social |



Knightswood Community Cafe

Breakfast – served all day

Breakfast Rolls – Soft or Crispy

	Sit In	Takeaway
Potato Scone, Hash brown or Fried Egg	£2.75	£2.75
Links Sausage, Scrambled Egg or Black Pudding	£2.75	£2.75
Bacon or Square Sausage	£3.00	£3.00
Quorn Sausage or Plant Based BLT	£3.25	£3.25
5 Piece Breakfast – Sausage, Bacon, Fried Egg, Potato Scone and Beans	£5.00	£4.50
7 Piece Breakfast – Sausage, 2 Bacon, Fried Egg, Black Pudding, Potato Scone and Beans	£7.00	£5.50
Big Breakfast – 2 Eggs, 2 Bacon, 2 Link Sausages, Square Sausage, 1 Potato Scone, 1 Black Pudding, Beans, 2 Toast & Butter	£10.00	£8.40

	Sit In	Takeaway
• Toast and Butter	£2.00	£1.50
• Toast and Butter/Jam	£2.50	£2.00
• Toast & Beans	£3.50	£3.00
• Toast & Spicy Beans	£4.00	£3.50
• Toast & Scrambled Egg - 3 Eggs	£5.00	£4.50
• Toast & Scrambled Egg - 5 Eggs	£6.00	£5.50
• French Toast	£4.50	£4.00
• French Toast & Maple Syrup	£5.50	£5.00
• French Toast, Bacon & Maple Syrup	£6.50	£6.00

Snacks

Soup

	Sit In	Takeaway
• Soup of the day with a Roll and Butter	£3.50	£3.50
• Soup and Half Sandwich	£5.00	£5.00
• Soup and Sandwich	£7.00	£7.00

Sandwiches/Toasties /Wraps

	Sit In	Takeaway
All served with a Side Salad and Coleslaw		
• Chicken Mayo, Siracha Chicken Mayo, Tuna Mayo, Ham, Cheese	£4.50	£4.50
Add Cheese for 50p		
Add Chips for £1.00		
PANINIS	£8.50	£8.50

Filled Salad Rolls

	Sit In	Takeaway
• Chicken Mayo, Siracha Chicken Mayo, Tuna Mayo, Ham, Cheese, Vegan Cheese	£3.50	£3.50
Add Cheese or Coleslaw for 50p		

Baked Potato

	Sit In	Takeaway
All served with a Side Salad and Coleslaw		
• Bolognaise, Chicken Mayo, Siracha Chicken Mayo, Tuna Mayo, Beans, Cheese or Coleslaw	£7.50	£7.50
Add a second topping for £1.00		

Main Meals

	Sit In	Takeaway
• Salt and Pepper lightly battered Fish Supper with Peas	£7.50	£7.50
Add a Second Fish for £3.00		
• 2 Mini Tempura Chicken Fillets with Chips and Salad	£7.50	£7.50
Add 2 extra Mini Fillets for £3.00		
• Tempura Chicken Wrap with Chips, Salad and Spicy Mac Sauce	£7.50	£7.50
• Bolognaise and Cheese Wrap with Chips and Salad	£7.50	£7.50
• Macaroni Cheese and Chips	£6.50	£6.50
• Bolognaise Pasta Bake and Chips	£7.50	£7.50

	Sit In	Takeaway
• Beef Burger with Chips and a Side Salad	£6.00	£6.00
• Chicken Burger with Chips and a Side Salad	£7.00	£7.00
• Veggie Burger with Chips and a Side Salad	£7.00	£7.00
Add Cheese for 50p		
Add Bacon for £1.00		

Chips and Dips

Chips

	Small	Large
• Chips	2.00	4.00
• Chips and Cheese	3.50	5.50
• Chips with Gravy, Curry Sauce or Coleslaw	3.50	5.50
• Chips with Two Toppings	4.00	6.00
• Roll and Chips	2.50	2.50
• Onion Rings	£1.50	£2.00

Dips

• Spicy Mac Sauce, Peri Peri Sauce, Garlic Dip or Chilli Dip	£0.50
• Jug of Gravy	£1.00

Kids Meals

• Chicken Nuggets	• Macaroni Cheese	• Chicken Burger
• Cheese Pizza – £4.50	• Fish Fingers	• Beef Burger
All served with Chips		



@knightswood_community_cafe



Knightswood Community Centre Cafe

May Programme 2026

Monday	Description of Activity	Time
Boogie Babies	Parent/ Carer & Toddler group - creative dance session using movement, stories & games. Contact Links 0141 954 7554 to book	10.00am -11.00am
Knightswood Community Cinema	Tea and Coffee at 12.30pm (£1.00 donation) New Films every week (Free) Last Day 17 th July	1.00pm – 3.00pm
Westbourne Bridge Club	For competent players, new members welcome	1.30pm - 4.30pm
Knightswood Walking Group	Health walk for an hour - everyone welcome	1.30pm – 2.30pm
First Class Learning	Afterschool Maths and English Tuition with Louise	4.00pm – 5.00pm
Mulholland School of Dance	Stage & freestyle dance class for 2 years and over	3.30pm-6.30pm
Fit 'n' Fun @ Step to Health	Have fun at this fitness class for adults	5.45pm-6.45pm
Yoga with Tracey	Yoga from The Wellness Boutique - beginners welcome	6.15pm-7.15pm
Youth & Community Theatre	All welcome from 8 years and over	7.00pm-9.00pm
Tuesday		
Zumba with Kirsty	Fitness with fun	10.00am – 11.00am
Local History Group	History talks and lectures (Every two weeks or twice a month)	10.30am 12.30pm.
Born to be Alive Yoga	Yoga Core Connection	11.30am-12.30pm
Skills Development Scotland	Careers advice for adults and young people recently left school	1.00pm – 5.00pm
Knit Wits	Knitting Class Everyone welcome	1.30pm – 3.30pm
Art for All	Community art club	1.00pm – 4.00pm
West of Scotland Mineral & Lapidary Society	Lapidary Workshop - cutting, engraving, shaping, and polishing of stones and gems - new members welcome	2.00pm – 5.00pm
Easy Exercise	Exercise for older adults	2.30pm – 3.30pm
First Class Learning	Afterschool Maths and English Tuition with Louise	4.00pm – 6.00pm
Mulholland School of Dance	Gymnastics / Dance for 2 years and over	5.00pm – 7.00pm
Born to be Alive	Kettlebell Bootcamp	
Born to be Alive	Yoga Course	7.30am-8.30pm
Shall We Dance	Ballroom Dancing for Beginners	7.30pm – 8.30pm
UKTC Taekwon-Do	Taekwon-Do classes all ages – children 3 years+, teenagers and adults	6.30pm-7.30pm
Camera Club	For over 18's - beginners welcome	7.30pm – 9.30pm
Wednesday		
Fit 'n' Fun @ Step to Health	Have fun at this fitness class for adults	9.30am-10.30am
Born to be Alive	Cardio Kick Box	10.00am – 10.00am
Singergie Choir	Community choir, no auditions and no fees – new members very welcome	10.00 –12.00pm
Zumbini with Ashley	Exciting music and movement for children aged 0-5. 5 weeks blocks phone Ashley on 07988816767 to book	11.00am – 11.45am
Mineral & Lapidary Society	Enamelling Workshop - heat fusing of glass to the surface of metals to craft jewellery, panels, paintings, bowls and objet d'art	2.00pm – 5.00pm

Check our website at: www.knightswoodcentre.co.uk or call 0141 959 9419

Wed. Cont.	Description of Activity	Time
Shona Campbell School of Dance	Tap and modern dance classes	4.30pm-8.30pm
WW Reimagined	Wellbeing Workshop from Weight Watchers	5.30pm – 7.00pm
NW Recovery Communities	Men's Group for anyone promoting recovery in the community. Sit and share all men welcome	5.00pm – 7.00pm
Born to be Alive	Barefoot Boot Camp	6.00pm – 7.00pm
WKKA Scotland	Karate class for 5 years old and over	7.00pm-8.00pm
Table Tennis Club	For all levels of players	6.30 pm – 9.30pm
Anam Crafts	Advanced crafts group - please phone Jacqui 07426416221	7.30pm – 9.30pm
Glasgow Classical String Orchestra	A music group for amateur and proficient string players	7.30pm – 9.30pm
Thursday		
Physio Led Pilates & Yoga Class	An Emma Steenson class for all levels please email to book a place at: steensonpilates@hotmail.co.uk	10am-12.00noon
NW Recovery Communities	Information Drop-in sessions and support	10.00am-2.00pm
Glasgow Senior Citizens Orchestra	New musicians/members welcome or simply listen and enjoy rehearsals	11.00am -3.00pm
Skills Development Scotland	Careers advice for adults and young people recently left school	1.00pm – 5.00pm
Mineral & Lapidary Society	Enamelling Workshop - heat fusing of glass to the surface of metals to craft jewellery, panels, paintings, bowls and objet d'art	2.00pm – 5.00pm
UKTC Taekwon-Do	Taekwon-Do classes for children 3 years+, teenagers and adults Normal Times (4.00 – 7.00pm) from Thursday 21 August	4.00pm – 7.00pm
Mineral & Lapidary Society	West of Scotland Mineral & Lapidary Workshop - cutting, engraving, shaping, and polishing of stones and gems - new members welcome	5.00pm – 8.30pm
Zumba Fitness	Fitness with fun	6.30pm - 7.30pm
Dog Training Club	Obedience training from the very experienced trainer Jim McIntosh	5.30pm - 9.00pm
Barefoot Bootcamp	Improve your core connection, full body strength, balance, stability, mobility and flexibility. A class suitable for beginners and beyond.	6.00pm - 7.00pm
Shimmers Line Dancing	An adult class for experienced dancers	7.45pm – 9.45pm
Friday		
Born to Be Alive	Retro Aerobics	10.00 –11.00am
Aye Can Dae	Fun & Fabulous Wellbeing Workshops Adults with Additional Support Needs	11.00am - 2.00pm
Born to Be Alive	Yoga Relax and Unwind	11.30 –12.30pm
Born to Be Alive	Chair Yoga	1.30pm – 2.30pm
Alderman Big Band	For Musicians with an interest in jazz and swing	2.30pm – 4.30pm
Mulholland School of Dance	Competition Dance Class	4.00pm – 8.00pm
Shining Light	Spiritualist Church meetings - All welcome	7.00pm - 9.00pm
Saturday		
Ignite Theatre	Free drama classes. Minis 4 to 7 years Juniors 8 to 12 years	9.30am-10.30am 11.00am- 1.00pm
Shona Campbell School of Dance	Tap & Modern dance class for over 2's	10.00am- 1.00pm
Shimmers Line Dancing	Adult class for advanced/ experienced line dancers	10.30 – 12.30pm
Table Tennis Club	For advanced players	12.30 – 3.30pm
Sunday		
Foundation Dog Training	Dog training using positive reinforcements techniques (booking essential and times may vary)	6.00pm- 8.00pm
AI - Anon Meeting	Self-help group for friends and family of alcoholics	7.15pm - 9.15pm
Alcoholics Anon	If alcohol is causing you problems, you are most welcome	7.30pm - 9.30pm

Check our website for Festive Holidays & New Year start back dates and times at: www.knightswoodcentre.co.uk or call 0141 959 9419