

Newsletter

August/
September 2025

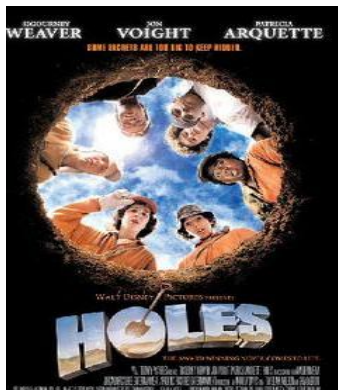
Knightswood Community Cinema On the Screen Again Monday Films (All Free)

As the summer is waning, there's a great deal of excitement as the autumn cool air returns and we can all turn our attention to the fantastic films that will be showing at Knightswood Community Cinema in September and October.



There is a wonderful selection of old classics and new release titles, films from wide-ranging genres and suitable for a variety of age groups. On school holiday Mondays there is always a family friendly film. In the next month we have two PG films the Walt Disney Production of "Holes" and the ever popular "Home Alone 2".

We aim to have a comprehensive programme celebrating the diversity of cinema from Scottish films alongside movies from around the world.



Tea, Coffee, Biscuits 12.30pm (£1.00 Donation)
Film Screening Times 1.00pm



KNIGHTSWOOD COMMUNITY CENTRE

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Community Cinema Programme

**September
29th - Holes –
(Family Film PG)**

**October
6th - Sunshine On
Leith**

**13th - Home Alone 2
(Family Film PG)**

20th - Black Bag

27th - Blue Road

Peter Lavelle (Personal Profile)

Peter Lavelle is the new chairperson of Knightswood Community SCIO. He has a wealth of experience in the community and social enterprise sectors.

Peter, was the founder of the community charity Glasgow Wood in 2007. which sells and makes high quality garden and indoor furniture from reclaimed timber and wood. It also provides employment and training opportunities to the local community.



Peter lives in Knightswood and is proud to be the new chairperson of the Knightswood Community Centre. He says “the Centre is a great community resource and I am looking forward to working with all the dedicated volunteer trustees and staff who make this venue the success it is”. He explains “the venue is one of the largest and busiest community facilities operated by local people for local people. The Centre is leased by Knightswood Community SCIO from Glasgow City Council. This makes the venue a very special place”.

In his spare time Peter loves going “gallivanting” in his old camper van with his partner Maggie around the country.

Older Adults Drama Group

The Ignite Arts Adult Drama group(AGE 55+), based at Knightswood Community Centre, is not just a drama workshop—it is a vibrant community of older adults, guided by renowned artist John Binnie, where friendships are forged, imaginations are set free and new possibilities unfold every Wednesday afternoon.

Between October 2024 and March 2025, the Knightswood Community Centre became a hub of creative exploration. Each week, the Ignite Arts Adult Drama group gathered under John Binnie's expert guidance, transforming ordinary afternoons into extraordinary experiences.



Group performing at Knightswood Cinema Club

Participants often describe the sessions as transformative. For many older adults, drama offers not only a creative outlet but a means of personal growth and empowerment. The group's diversity is its strength, with members sharing life stories, perspectives and a willingness to support one another both on and off the stage.



John Binnie playwright director and tutor

The culmination of months of preparation was a series of performances that showcased the group's hard work and creative achievements. At the end of March the group took to the stage at the Knightswood Community Centre Cinema Club, presenting their devised pieces and improvisations to an enthusiastic audience.

Another highlight was the invitation to perform at the Merchant City Festival in July 2026—a prestigious event in Glasgow's cultural calendar.

Anyone can join, regardless of prior experience or ability. The sessions are designed to be accessible, adaptable, and enjoyable ensuring every member can participate fully and feel valued for their contribution.

Following the resounding success of the last series of workshops, Ignite Arts is delighted to announce new funding for another round of sessions at Knightswood Community Centre. Beginning on Wednesday 2nd October, from 1pm to 3pm.

For those interested in joining the process, email General Manager Amanda-Jane Prow at aj@ignitetheatreglasgow.org.



Drama group performing at Merchant City Festival

Knightswood History Group



Membership is open to all interested parties. Established over 50 years ago, we meet fortnightly on **Tuesdays** from September to May in Knightswood Community Centre @ **10.30am**. Talks and presentations cover a diverse range of stimulating, informative and interesting subjects with engaging and expert speakers. New members and visitors are always welcome.

2025 Schedule

- 23rd September:** Geilston Garden – a Social and Historical Perspective
- 7th October:** The Clydebank Blitz
- 21st October:** Victoria Park & Thereabouts
- 4th November:** Reflections on the Legendary Status of Glasgow Apollo Theatre (1973-1985)
- 18th November:** The Tobacco Lords, Glasgow 850
- 2nd December:** Scottish Canals
- 16th December:** Christmas Lunch



Knightswood Community Cafe

Breakfast – served all day

Breakfast Rolls – Soft or Crispy

- Potato Scone, Hash brown or Fried Egg
- Links Sausage, Scrambled Egg or Black Pudding
- Bacon or Square Sausage
- Quorn Sausage or Plant Based BLT

Sit In

£2.25
£2.75
£3.00
£3.25

- 5 Piece Breakfast – Sausage, Bacon, Fried Egg, Potato Scone and Beans
- 7 Piece Breakfast – Sausage, 2 Bacon, Fried Egg, Black Pudding, Potato Scone and Beans
- Big Breakfast – 2 Eggs, 2 Bacon, 2 Link Sausages, Square Sausage, 1 Potato Scone, 1 Black Pudding, Beans, 2 Toast & Butter

£5.00

£7.00

£10.00

- Toast and Butter
- Toast and Butter/Jam
- Toast & Beans
- Toast & Spicy Beans
- Toast & Scrambled Egg – 3 Eggs
- Toast & Scrambled Egg – 5 Eggs
- French Toast
- French Toast & Maple Syrup
- French Toast, Bacon & Maple Syrup

Sit In

£2.00
£2.50
£3.50
£4.00
£4.00
£5.00
£4.50
£5.50
£6.50

Snacks

Soup

- Soup of the day with a Roll and Butter
- Soup and Half Sandwich
- Soup and Sandwich

Sit In

£3.50
£5.00
£7.00

Sandwiches/Toasties/ Wraps

- All served with a Side Salad and Coleslaw
- Chicken Mayo, Siracha Chicken Mayo, Tuna Mayo, Ham, Cheese
- Add Cheese for 50p
- Add Chips for £1.00

£4.50

PANINIS

£8.50

Filled Salad Rolls

- Chicken Mayo, Siracha Chicken Mayo, Tuna Mayo, Ham, Cheese, Vegan Cheese
- Add Cheese or Coleslaw for 50p

Sit In

£3.50

Baked Potato

- All served with a Side Salad and Coleslaw
- Bolognaise, Chicken Mayo, Siracha Chicken Mayo, Tuna Mayo, Beans, Cheese or Coleslaw
- Add a second topping for £1.00

£7.50

Main Meals

- Salt and Pepper lightly battered Fish Supper with Peas
- Add a Second Fish for £3.00
- 2 Mini Tempura Chicken Fillets with Chips and Salad
- Add 2 extra Mini Fillets for £3.00
- Tempura Chicken Wrap with Chips, Salad and Spicy Mac Sauce
- Bolognaise and Cheese Wrap with Chips and Salad
- Macaroni Cheese and Chips
- Bolognaise Pasta Bake and Chips

Sit In

£7.50
£7.50
£7.50
£7.50
£7.50
£6.50
£7.50

- Beef Burger with Chips and a Side Salad
- Chicken Burger with Chips and a Side Salad
- Veggie Burger with Chips and a Side Salad
- Add Cheese for 50p
- Add Bacon for £1.00

Sit In

£6.00
£7.00
£7.00

Chips and Dips

Chips

- Chips
- Chips and Cheese
- Chips with Gravy, Curry Sauce or Coleslaw
- Chips with Two Toppings
- Roll and Chips
- Onion Rings

Small

£2.00
£3.50
£3.00
£4.00
£2.50

£1.50

Large

£4.00
£5.50
£5.00
£6.00

£2.00

Dips

- Spicy Mac Sauce, Peri Peri Sauce, Garlic Dip or Chilli Dip
- Jug of Gravy

£0.50
£1.00

Kids Meals

- Chicken Nuggets
- Cheese Pizza – £4.50
- All served with Chips

- Macaroni Cheese
- Fish Fingers

- Chicken Burger
- Beef Burger



@knightswood_community_cafe



Knightswood Community Centre Cafe



October Programme 2021



Monday	Description of Activity	Time/ Start Back (SB) Date
Boogie Babies	Parent/ Carer & Toddler group - creative dance session using movement, stories & games. Contact Links 0141 954 7554 to book	10.00am -11.00am
Knightswood Community Cinema	Tea and Coffee at 12.30pm (£1.00 donation) New Films every week (Free) Last Day 17 th July)	1.00pm - 3.00pm
Westbourne Bridge Club	For competent players, new members welcome	1.30pm - 4.30pm
Knightswood Walking Group	Health walk for an hour - everyone welcome	1.30pm - 2.30pm
First Class Learning	Afterschool Maths and English Tuition with Louise	4.00pm - 5.00pm
Mulholland School of Dance	Stage & freestyle dance class for 2 years and over	3.30pm-6.30pm
Fit 'n' Fun @ Step to Health	Have fun at this fitness class for adults	5.45pm-6.45pm
Yoga with Tracey	Yoga from The Wellness Boutique - beginners welcome	6.15pm-7.15pm
Youth & Community Theatre	All welcome from 8 years and over	7.00pm-9.00pm
Tuesday		
Zumba with Kirsty	Fitness with fun	10.00am - 11.00am
Local History Group	History talks and lectures (Every two weeks or twice a month)	10.30am 12.30pm.
Born to be Alive Yoga	Yoga Core Connection	11.30am-12.30pm
Skills Development Scotland	Careers advice for adults and young people recently left school	1.00pm - 5.00pm
Knit Wits	Knitting Class Everyone welcome	1.30pm - 3.30pm
Art for All	Community art club	1.00pm - 4.00pm
West of Scotland Mineral & Lapidary Society	Lapidary Workshop - cutting, engraving, shaping, and polishing of stones and gems - new members welcome	2.00pm - 5.00pm
Easy Exercise	Exercise for older adults	2.30pm - 3.30pm
First Class Learning	Afterschool Maths and English Tuition with Louise	4.00pm - 6.00pm
Mulholland School of Dance	Gymnastics / Dance for 2 years and over	5.00pm - 7.00pm
Born to be Alive	Kettlebell Bootcamp	
Born to be Alive	Yoga Course	7.30am-8.30pm
Shall We Dance	Ballroom Dancing for Beginners	7.30pm - 8.30pm
UKTC Taekwon-Do	Taekwon-Do classes all ages - children 3 years+, teenagers and adults	6.30pm-7.30pm
Camera Club	For over 18's - beginners welcome	7.30pm - 9.30pm
Wednesday		
Fit 'n' Fun @ Step to Health	Have fun at this fitness class for adults	9.30am-10.30am
Born to be Alive	Cardio Kick Box	10.00am - 10.00am
Singerie Choir	Community choir, no auditions and no fees - new members very welcome	10.00 - 12.00pm
Linkes	English for Speakers of Other Languages with Creche - 0141 954 7554	10.00am - 12.00pm
Zumbini with Ashley	Exciting music and movement for children aged 0-5. 5 weeks blocks phone Ashley on 07988816767 to book	11.00am - 11.45am
Mineral & Lapidary Society	Enamelling Workshop - heat fusing of glass to the surface of metals to craft jewellery, panels, paintings, bowls and objet d'art	2.00pm - 5.00pm

Please check our website for updated time and dates at:
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Wed. Cont.	Description of Activity	Time/ Start Back Date
Shona Campbell School of Dance	Tap and modern dance classes	4.30pm-8.30pm
WW Reimagined	Wellbeing Workshop from Weight Watchers	5.30pm – 7.00pm
NW Recovery Communities	Men's Group for anyone promoting recovery in the community. Sit and share all men welcome	5.00pm – 7.00pm
WKKA Scotland	Karate class for 5 years old and over	7.00pm-8.00pm
Table Tennis Club	For all levels of players	6.30 pm – 9.30pm
Anam Crafts	Advanced crafts group - please phone Jacqui 07426416221	7.30pm – 9.30pm
Glasgow Classical String Orchestra	A music group for amateur and proficient string players	SB 1 October 7.30pm – 9.30pm
Thursday		
Physio Led Pilates & Yoga Class	An Emma Steenson class for all levels please email to book a place at: steensonpilates@hotmail.co.uk	10am-12.00noon
NW Recovery Communities	Information Drop-in sessions and support	10.00am-2.00pm
Glasgow Senior Citizens Orchestra	New musicians/members welcome or simply listen and enjoy rehearsals	11.00am -3.00pm
Skills Development Scotland	Careers advice for adults and young people recently left school	1.00pm – 5.00pm
Mineral & Lapidary Society	Enamelling Workshop - heat fusing of glass to the surface of metals to craft jewellery, panels, paintings, bowls and objet d'art	2.00pm – 5.00pm
UKTC Taekwon-Do	Taekwon-Do classes for children 3 years+, teenagers and adults Normal Times (4.00 – 7.00pm) from Thursday 21 August	5.00pm – 7.00pm
Mineral & Lapidary Society	West of Scotland Mineral & Lapidary Workshop - cutting, engraving, shaping, and polishing of stones and gems - new members welcome	5.00pm – 8.30pm
Zumba Fitness	Fitness with fun	6.30pm - 7.30pm
Dog Training Club	Obedience training from the very experienced trainer Jim McIntosh	5.30pm - 9.00pm
Barefoot Bootcamp	Improve your core connection, full body strength, balance, stability, mobility and flexibility. A class suitable for beginners and beyond.	6.00pm - 7.00pm
Shimmers Line Dancing	An adult class for experienced dancers	7.45pm – 9.45pm
Friday		
Born to Be Alive	Cardio Classics with Eilidh	10.30am –11.30a
Aye Can Dae	Fun & Fabulous Wellbeing Workshops Adults with Additional Support Needs	11.00am - 2.00pm
Yoga with Eilidh	Yoga – Options for all levels - beginners welcome	11.30 –12.30pm
Chair Yoga	Seating Yoga with Eilidh ideal for people with joint issues	1.30pm – 2.30pm
Alderman Big Band	For Musicians with an interest in jazz and swing	2.30pm – 4.30pm
Mulholland School of Dance	Competition Dance Class	4.00pm – 8.00pm
Shining Light	Spiritualist Church meetings - All welcome	7.00pm - 9.00pm
Saturday		
Ignite Theatre	Free drama classes. Minis 4 to 7 years Juniors 8 to 12 years	9.30am-10.30am 11.00am- 1.00pm
Shona Campbell School of Dance	Tap & Modern dance class for over 2's	10.00am- 1.00pm
Shimmers Line Dancing	Adult class for advanced/ experienced line dancers	10.30 – 12.30pm
Table Tennis Club	For advanced players	12.30 – 3.30pm
Sunday		
Foundation Dog Training	Dog training using positive reinforcements techniques (booking essential and times may vary)	6.00pm- 8.00pm
AI - Anon Meeting	Self-help group for friends and family of alcoholics	7.15pm - 9.15pm
Alcoholics Anon	If alcohol is causing you problems, you are most welcome	7.30pm - 9.30pm

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