

Newsletter

October 2023

Knightswood Community Cinema Hits the Headlines A Movie for all Occasions

Knightswood Community SCIO was successful in getting a grant from the Garscadden/ Scotstounhill Area Partnership to continue the very popular Monday afternoon movies at the Centre. Rebranded as the Knightswood Community Cinema, it gives up to 100 people a warm place to go every week, where they can have an entertaining afternoon watching an up-to-date movie, without spending money they don't have. Residents can come along enjoy a film and get a tea, coffee and biscuit in the welcoming comfort of Knightswood Community Centre.



The Knightswood audience engrossed in an exciting movie.
(Photograph courtesy of the Glasgow Times.)

Gary Gentles (Centre Manager) says 'the cinema gives people the opportunity to make positive and sustainable changes to their lives. It is great seeing all the partners (Knightswood SCIO, Ignite Theatre and the volunteers, North West Recovery Communities, Caravan Project, Knightswood Connects) working together on such a worthwhile Project.'



**KNIGHTSWOOD
COMMUNITY CENTRE**

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Monday Movies

30th October, The Duke

6 November, Harold Fry

13 November, The Old Oak

20 November, Mission:
Impossible - Dead
Reckoning Part one

27 November, Barbie

4 December, Oppenheimer

11 December, Past Lives

Tea, coffee and biscuits at
12.30pm.

The Film starts 1.00pm.

**Everything free, just come
along no need to book.**



'The Cinema Club Team from Left to Right: Wilma, Louise, Gordon, Elaine, A.J. and Marjorie
Photograph courtesy of the Glasgow Times



Audience members enjoying a laugh, a tea and a chocolate biscuit.
Photograph courtesy of the Glasgow Times.

The Glasgow Times recently visited the Centre and ran a full page [article](#) about the Community Cinema highlighting the uniqueness of the project. They spoke to audience members who outlined the real benefits of coming to the Knightswood Community Cinema.

Helen a regular at the venue stated 'that it gives everyone the chance to make new friends and encourages people to get out of their houses and mix with others. There are also opportunities to join new clubs and activities in the

Community Centre and other local venues. It also ideal for residents whose social circle may have shrunk or are new to the area'.

The West of Scotland Mineral and Lapidary Society

A Rock and a Jewel in Knightswood!

The Society was founded in 1966 by a group of people who had a common interest in collecting, studying, and polishing semi-precious stones. For the last 25 years the Society's clubroom has been based in Knightswood Community Centre. In the past 18 months the membership of the group has doubled. Alan Gilchrist (Chairperson) said 'it is great to see the club rejuvenated. We have had a plethora of new members and 32 attended the AGM in June 2023. I think our new [website](#) has contributed to the rise of new members. Knightswood Community Centre is also a great venue with easy access, free parking, and a wonderful café'.



Alan hard at work cutting stone.

The Society's aim is to foster an interest in natural minerals and in the craftsmanship required both for lapidary and its associated crafts on a non-commercial basis. The Society has now extended its skillset to include silversmithing and enamelling which is now becoming very popular. The Society tries to further the interests and knowledge of its members with activities including tutored workshops and training, talks, field trips for the collection of local stones, pebbles and fossils, and social events. We also regularly participate in Open Days and Craft Fairs organised by the Knightswood Community SCIO.

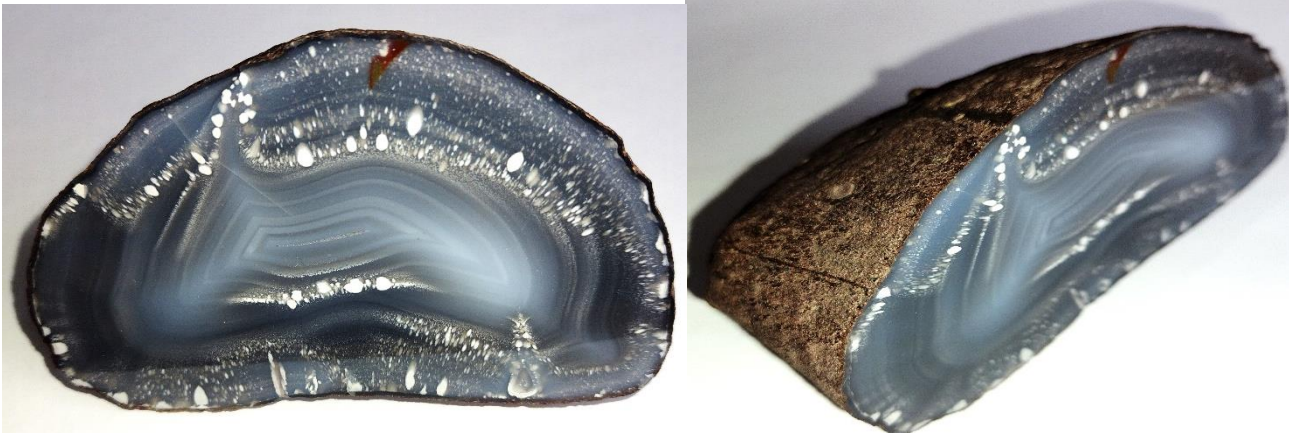
What is Lapidary, Enamelling and Silversmithing?

Lapidary is the craft of cutting, engraving, shaping, and polishing of stones and gems.

Enamelling is the heat fusing of glass to the surface of metal such as copper, silver and steel to craft jewellery, panels, paintings, bowls and objet d'art.

Silversmithing is the crafting of rings, brooches, pendants, and settings (for lapidary work and enamels) from silver or other metals such as copper.

The Society maintains a well-equipped clubroom with a range of specialist machinery for cutting, shaping, polishing, and faceting stones/gems. In addition, there are tools, kilns and equipment for silversmithing and enamelling. A small stock of silver, enamel and stone is held and may be purchased (at cost) by members.



Two beautiful examples of Agate which are held in the workshop. It is a versatile gemstone that is often used in jewellery making.

New members are most welcome, the times for visits for those interested in Lapidary are, Tuesdays and Wednesday (2-5pm), and for Enamelling are Thursdays (2-5pm and 5-8.30pm). Alternatively contact the society to arrange a visit/tour at an alternative time. All new members are required to undergo a period of basic training in Lapidary and/or Enamelling. This training is to ensure members can work safely and confidently within the workshop environment.

Alan says, 'the Society have done Lapidary Workshops in September from 10am to 3pm'.

The clubroom and equipment are available for members to work on their own (non-commercial) projects involving lapidary, enamelling and metalworking with copper and silver. The Society also maintains a small but comprehensive library of books, magazines and DVDs which may be borrowed by members.



Members of The West of Scotland Mineral and Lapidary Society in their well-equipped Clubroom

Members pay an annual subscription fee (July to June) plus a session fee per visit to the workshop/clubroom. There is no limit to the number of sessions that a member can attend. Full membership information and application forms are available at the clubroom. **Full membership gives full use of the Society's workshop/clubroom facilities. Full membership also includes membership of the Knightswood Community SCIO (our hosts).**

What is the Cost to join the Society and who to contact?

£80 per annum to join the society (can be paid in two instalments if required) and £2 per session.

EMAIL: glasgowlapidary@gmail.com

TELEPHONE: Knightswood Community Centre, 0141-959-9419,

(For general information and to leave messages only).

LOCATION: West of Scotland Mineral and Lapidary Society, Knightswood Community Centre, 201 Alderman Road, Knightswood, Glasgow, G13 3DD



The Knightswood History Group

Tuesdays 10.30am to 12noon

Syllabus November and December 2023

- 07 November **Maryhill in the Time of the Hutchesons.**
Talk by Carol Primrose
- 21 November **Capt. John Cameron (Dunkirk Waverley & Waverley
1947) His Life & Times.**
Talk by Iain Quinn
- 05 December **The Glasgow Tobacco Lords.**
Talk by Robert Geddes
- 19 December **Carols and Christmas Cheer**
Talk by Robert Geddes

November Programme 2023

Monday	Description of Activity	Time
Boogie Babies	Parent/ Carer & Toddler group - creative dance session using movement, stories & games. Contact Links 0141 954 7554 to register. Booking is essential.	10.00am – 11.00am
Kinder Moves Baby Massage	4 weeks blocks contact tracykindermoves@gmail.com	10.00am – 11.00am
Westbourne Bridge Club	For competent players, new members welcome	1.30pm - 4.30pm
Knightswood Walking Group	Health walk for an hour - everyone welcome	1.30pm – 2.30pm
Knightswood Violin Group	This is a course for keen classical violin players wishing to improve their playing	1.30pm – 3.30pm
First Class Learning	Afterschool Maths and English Tuition with Louise	4.00pm – 5.00pm
Mulholland School of Dance	Stage & freestyle dance class for 2 years and over	4.30pm-6.30pm
Fit 'n' Fun @ Step to Health	Have fun at this fitness class for adults	5.45pm-6.45pm
Yoga with Tracey	Yoga from The Wellness Boutique - beginners welcome	6.15pm-7.15pm
Youth & Community Theatre	All welcome from 8 years and over	7.00pm-9.00pm
Tuesday		
Zumba with Kirsty	Fitness with fun	10.00am – 11.00am
Local History Group	History talks and lectures (Every two weeks or twice a month)	10.30am 12.30pm
Pilates with Eilidh	Pilates for everyone (Phone Eilidh 07841 832591)	11.30am-12.30pm
Skills Development Scotland	Careers advice for adults and young people recently left school	1.00pm – 5.00pm
Knit Wits	Knitting Class Everyone welcome	1.30pm – 3.30pm
Art for All	Art club	1.00pm – 4.00pm
West of Scotland Mineral & Lapidary Society	Lapidary Workshop - cutting, engraving, shaping, and polishing of stones and gems - new members welcome	2.00pm – 5.00pm
Easy Exercise	Exercise class for the older adults	2.30pm – 3.30pm
First Class Learning	Afterschool Maths and English Tuition with Louise	4.00pm – 6.00pm
Mulholland School of Dance	Gymnastics / Dance for 2 years and over	5.00pm – 9.00pm
UKTC Taekwon-Do	Taekwon-Do classes all ages – children 3 years+, teenagers and adults	6.30pm-7.30pm
Yoga with Eilidh	Yoga – Options for all levels - beginners welcome	7.30pm – 8.30pm
Camera Club	For over 18's - beginners welcome	5 Sept. Restart 7.30pm – 9.30pm
Shall We Dance	Ballroom Dancing for Beginners	7.30pm – 8.30pm
Wednesday		
Fit 'n' Fun @ Step to Health	Have fun at this fitness class for adults	9.30am-10.30am
Singergie Choir	Community choir, no auditions and no fees – new members very welcome	10.00 –12.00pm
Linkes	English for Speakers of Other Languages with Creche – 0141 954 7554	10.00 – 12.00pm
Zumbini with Ashley	Exciting music and movement for children aged 0-5. 6 weeks blocks phone Ashley on 07988816767 to book	10.45am – 11.30am

Wed. Cont.	Description of Activity	Time
West of Scotland Mineral & Lapidary Society	Enamelling Workshop - heat fusing of glass to the surface of metals to craft jewellery, panels, paintings, bowls and objet d'art	2.00pm – 5.00pm
Shona Campbell School of Dance	Tap and modern dance classes	4.30pm-8.30pm
WW Reimagined	Wellbeing Workshop from Weight Watchers	5.30pm – 7.00pm
NW Recovery Communities Men's Group	For anyone promoting recovery in the community. Sit and share all men welcome	5.00pm – 7.00pm
WKKA Scotland	Karate class for 5 years old and over	7.00pm-8.00pm
Table Tennis Club	For all levels of players	6.30 pm – 9.30pm
Anam Crafts	Advanced crafts group - please phone Jacqui 07426416221	7.30pm – 9.30pm
Glasgow Classical String Orchestra	A music group for amateur and proficient string players	7.30pm – 9.30pm
Thursday		
NW Recovery Communities	Information Drop-in sessions and support	10.00am-2.00pm
Glasgow Senior Citizens Orchestra	New musicians/members welcome or simply listen and enjoy rehearsals	11.00am -3.00pm
Skills Development Scotland	Careers advice for adults and young people recently left school	1.00pm – 5.00pm
West of Scotland Mineral & Lapidary Society	Enamelling Workshop - heat fusing of glass to the surface of metals to craft jewellery, panels, paintings, bowls and objet d'art	2.00pm – 5.00pm
UKTC Taekwon-Do	Taekwon-Do classes for children 3 years+, teenagers and adults	4.00pm – 7.00pm
West of Scotland Mineral & Lapidary Society	Lapidary Workshop - cutting, engraving, shaping, and polishing of stones and gems - new members welcome	5.00pm – 8.30pm
Zumba Fitness	Fitness with fun	6.30pm - 7.30pm
Dog Training Club	Obedience training from the very experienced trainer Jim McIntosh	5.30pm - 9.00pm
Friday		
WW Reimagined	Wellbeing Workshop from Weight Watchers	9.30am -11.00am
Aye Can Dae Activities	Fun & Fabulous Wellbeing Workshops for Adults with Additional Support Needs	11.00am - 2.00pm
Yoga with Eilidh	Yoga – Options for all levels - beginners welcome	11.30am –12.30am
Glasgow Senior Citizens Big Band	For Musicians with an interest in jazz and swing	2.30pm – 4.30pm
Mulholland School of Dance	Competition Dance Class	4.00pm – 7.00pm
Shining Light	Spiritualist Church meetings - All welcome	7.00pm - 9.00pm
Friday Sequence Dancing	All adults welcome	7.30pm - 9.30pm
Saturday		
Ignite Theatre	Free drama classes. Minis 4 to 7 years Juniors 8 to 12 years	9.30am-10.30am 11.00am- 1.00pm
Shona Campbell School of Dance	Tap & Modern dance class for over 2's	10.00am- 1.00pm
Shimmers Line Dancing Club	Adult class for advanced/ experienced line dancers	10.30am – 12.30pm
Table Tennis Club	For advanced players	12.30pm – 3.30pm
Sunday		
Foundation Dog Training	Dog training using positive reinforcements techniques (booking essential and times may vary)	6.30pm- 8.30pm
AI - Anon Meeting	Self-help group for friends and family of alcoholics	7.15pm - 9.15pm
Alcoholics Anon	If alcohol is causing you problems, you are most welcome	7.30pm - 9.30pm

Knightswood Community Cafe

Breakfast – served all day

	Sit In	Takeaway		Sit In	Takeaway
Breakfast Rolls – Soft or Crispy					
• Potato Scone, Hash brown or Fried Egg	£2.00	£1.70	• Toast and Butter	£1.50	£1.25
• Links Sausage, Scrambled Egg or Black Pudding	£2.50	£2.10	• Toast and Butter/Jam	£1.75	£1.50
• Bacon or Square Sausage	£2.75	£2.30	• Toast & Beans	£3.00	£2.50
• Quorn Sausage or Plant Based BLT	£3.00	£2.50	• Toast & Spicy Beans	£3.50	£3.00
• 5 Piece Breakfast – Sausage, Bacon, Fried Egg, Potato Scone and Beans	£5.00	£4.20	• Toast & Scrambled Egg – 3 Eggs	£3.50	£3.00
• 7 Piece Breakfast – Sausage, 2 Bacon, Fried Egg, Black Pudding, Potato Scone and Beans	£7.00	£5.90	• Toast & Scrambled Egg – 5 Eggs	£4.50	£3.75
• Big Breakfast – 2 Eggs, 2 Bacon, 2 Link Sausages, Square Sausage, 1 Potato Scone, 1 Black Pudding, Beans, 2 Toast & Butter	£10.00	£8.40	• French Toast	£3.50	£3.00
			• French Toast & Maple Syrup	£4.00	£3.40
			• French Toast, Bacon & Maple Syrup	£5.00	£4.20

Snacks

	Sit In	Takeaway		Sit In	Takeaway
Soup			Filled Salad Rolls		
• Soup of the day with a Roll and Butter	£3.00	£2.50	• Chicken Mayo, Siracha Chicken Mayo, Tuna Mayo, Ham, Cheese, Vegan Cheese	£3.00	£2.50
• Soup and Half Sandwich	£5.00	£4.20	Add Cheese or Coleslaw for 50p		
• Soup and Sandwich	£7.00	£5.90	Baked Potato		
Sandwiches/Toasties/Paninis/Wraps			All served with a Side Salad and Coleslaw		
All served with a Side Salad and Coleslaw			• Bolognese, Chicken Mayo, Siracha Chicken Mayo, Tuna Mayo, Beans, Cheese or Coleslaw	£6.00	£5.00
• Chicken Mayo, Siracha Chicken Mayo, Tuna Mayo, Ham, Cheese	£4.00	£3.40	Add a second topping for £1.00		
Add Cheese for 50p					
Add Chips for £1.00					

Main Meals

	Sit In	Takeaway		Sit In	Takeaway
• Salt and Pepper lightly battered Fish Supper with Peas	£6.00	£5.00	• Beef Burger with Chips and a Side Salad	£6.00	£5.00
Add a Second Fish for £3.00			• Chicken Burger with Chips and a Side Salad	£6.00	£5.00
• 2 Mini Tempura Chicken Fillets with Chips and Salad	£6.00	£5.00	• Veggie Burger with Chips and a Side Salad	£6.00	£5.00
Add 2 extra Mini Fillets for £3.00			Add Cheese for 50p		
• Tempura Chicken Wrap with Chips, Salad and Spicy Mac Sauce	£6.00	£5.00	Add Bacon for £1.00		
• Bolognese and Cheese Wrap with Chips and Salad	£5.00	£4.20	• 4 Halloumi Fries with a Side Salad and Garlic Dip	£4.00	£3.40
• Macaroni Cheese and Chips	£6.00	£5.00	• 9 Halloumi Fries with a Side Salad and Garlic Dip	£7.00	£5.90
• Bolognese Pasta Bake and Chips	£6.00	£5.00	• Fish Finger Bap with Chips and a Side Salad	£5.00	£4.20
• Shortcrust Pastry Chicken Pie topped with Southern Style Gravy and Chips	£5.00	£4.20			
• Shortcrust Pastry Beef Pie topped with Beef Gravy and Chips	£5.00	£4.20			

Chips and Dips

	Small	Large		
Chips			Dips	
• Chips	£1.00	£3.00	• Spicy Mac Sauce, Peri Peri Sauce, Garlic Dip or Chilli Dip	£0.50
• Chips and Cheese	£2.50	£4.50	• Jug of Gravy	£1.00
• Chips with Gravy, Curry Sauce or Coleslaw	£2.00	£4.00		
• Chips with Two Toppings	£3.00	£5.00		
• Roll and Chips	£1.50			
• Onion Rings	£1.50	£2.00		

Kids Meals – All £3.00

- Chicken Nuggets
- Cheese Pizza
- All served with Chips
- Macaroni Cheese
- Fish Fingers
- Chicken Burger
- Beef Burger



@knightswood_community_cafe



Knightswood Community Centre Cafe