

# Newsletter

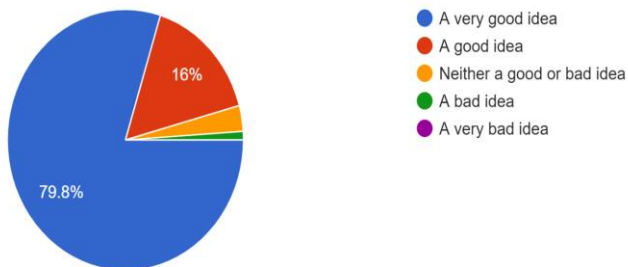
March 2023

## 'THUMBS UP' for Garden Project

Knightswood Community Centre has been looking to find out how interested the community would be in a community garden space at the Centre.

The Centre has been working with Glasgow Eco Trust on this project and the first step was to undertake a community survey. Thank you to everyone that completed the survey. We had a total of 94 responses, and we are delighted there was overwhelming support that the garden was a good idea, as you can see in the pie chart below.

Q1 - Do you think a community garden at Knightswood Centre is a good or bad idea?  
94 responses



There was a recent meeting of interested people at the Centre to give feedback on the initial results of the survey and discuss the next steps including setting up a small working group to take this project forward.

You can read all the survey results and download the presentation [here](#).



**KNIGHTSWOOD  
COMMUNITY CENTRE**

**0141 959 9419**

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If you would like to get involved in the project, please speak to Gordon at the Centre or contact Glasgow Eco Trust office on 0141 433 0427 or [hello@glasgowecotrust.org.uk](mailto:hello@glasgowecotrust.org.uk)



This community engagement work is supported by the Scottish Government's Strengthening Communities Programme and Glasgow Eco Trust's Food and Climate Action Project and Community Connections for Climate Action Project.



## Knightswood Community Centre Garden Meetings

The aim of this next series of meetings is for people to meet each other, discuss the plans for the space, visit other spaces and then form a working group to take the project forward.

### Dates

The meetings will take place on the following dates:

- Thursday 30 March
- Thursday 13 April
- Thursday 27 April
- Thursday 11 May (to be confirmed)

### Format and timings

For the in-person/ hybrid meetings the timings are as follows:

- 10.45am to 11.30am - discussion
- 11.30am to 12.30/45pm - visit
- 12.45pm to 1.15pm - lunch

The online sessions will be held in the evening from 6.30-7.30pm.

### Visits

As part of this series of meetings the plan is to visit some local community gardens and growing spaces including LINKES Food Forest, Corpus Christi Primary School Garden, Kingsway Court Community Garden and Heart of Scotstoun Community Garden. Dates for each visit are still to be confirmed.

### Booking

You can attend the above meetings by completing this short online [booking form](#).

## Hot Soup Cinema Club Film Screening Dates and Times



Monday 17 April, Railway Children Return

Monday 24 April, Where the Crawdads Sing

Monday 1 May, Matilda the Musical

Monday 8 May, The Queen (Helen Mirren)

Monday 15 May, Charade (Audrey Hepburn/ Cary Grant)

Monday 22 May, A Man Called Otto

Monday 29 May, Marcel the Shell (TBC)

Email Louise to book a place: [louise@ignitetheatreglagow.org](mailto:louise@ignitetheatreglagow.org)  
For more information phone the Centre 0141 959 9419

# A Big Welcome to Jacquie Fleming

## Knightswood Community SCIO's new Trustee



### Personal Profile

Jacquie has been coming to Knightswood Community Centre on and off since 1974. Jacquie trained as a registered general nurse in the Western Infirmary. She met her husband Alex in 1974 in Knightswood Community Centre while they were both appearing in *Iolanthe*, the comic opera by Gilbert and Sullivan at the Centre's amateur theatre group, Jacquie jokes 'that he still acts up'. Jacquie got married in 1977 and had a honeymoon touring all over Scotland. After Jacquie had her

children, she decided to take a break from nursing and trained as a Reiki Master teacher and Crystal therapist which she still does today.

Jacquie has four boys and three grandchildren with a new grandson on the way which keeps her very busy. While the boys were at school (which between them spanned about 20 years) Jacquie was the chairperson of the Parent Teachers Association of St Paul's Primary school. When Jacquie is not watching her grandchildren, she is a keen crafter. She is a member of a small group called Anam Crafts which has been based in Knightswood Community Centre since 2013. Anam Crafts exhibit their handcrafted items at local fayres and raise money for charity. Anam Crafts recently donated fifty pounds to Erskine Hospital.



## Knightswood Community Centre Programme April 2023

Monday	Description of Activity	Time or Date Starting Back
<b>Boogie Babies</b>	Parent/ Carer & Toddler group - creative dance session using movement, stories & games. Contact Links 0141 954 7554 to register. Booking is essential.	10.00 am– 11.00am
<b>Westbourne Bridge Club</b>	For competent players, new members welcome	1.30pm - 4.30pm
<b>Knightswood Walking Group</b>	Health walk for an hour - everyone welcome	1.30pm – 2.30pm
<b>Knightswood Violin Group</b>	This is a course for keen classical violin players wishing to improve their playing	2.00pm – 4.00pm
<b>First Class Learning</b>	Afterschool Maths and English Tuition with Louise	4.00pm – 5.00pm
<b>Mulholland School of Dance</b>	Stage & freestyle dance class for 2 years and over	4.30pm-6.30pm
<b>Fit 'n' Fun @ Step to Health</b>	Have fun at this fitness class for adults	5.45pm-6.45pm
<b>Yoga with Tracey</b>	Yoga from The Wellness Boutique - beginners welcome	6.15pm-7.15pm
<b>Youth &amp; Community Theatre</b>	All welcome from 8 years and over	7.00pm-9.00pm
<b>Art Drawing and Painting Class</b>	Art and drawing class for all levels. Contact Johanna Logan 07900152725	7pm to 9pm
<b>Alcoholics Anonymous</b>	New Group (If alcohol is causing you problems, you are most welcome)	7.30pm - 9.30pm
<b>Healing Heather Sound Therapy</b>	Restorative sound therapy helps your feel calm, relaxed, and more alive	7.30pm - 9.30pm
<b>Tuesday</b>		
<b>Zumba with Kirsty</b>	Fitness with fun	10.00am – 11.00am
<b>Local History Group</b>	History talks and lectures (Every two weeks or twice a month)	10.30pm -12.00noon
<b>Pilates with Eilidh</b>	Pilates for everyone (Phone Eilidh 07841 832591)	11.30am-12.30pm
<b>Sweaty Mama Skills Development Scotland</b>	Pre and Post Natal fitness classes to enjoy fun and effective workouts in a relaxed and safe environment	1.00pm – 2.00pm
<b>Nit Wits Knitting Class</b>	Everyone welcome	1.30pm – 3.30pm
<b>Art for All</b>	Art club	1.00pm – 4.00pm
<b>West of Scotland Mineral &amp; Lapidary Society</b>	Stonecutting & polishing - all welcome	2.00pm – 5.00pm
<b>Easy Exercise</b>	Exercise class for the older adults	2.30pm – 3.30pm
<b>First Class Learning</b>	Afterschool Maths and English Tuition with Louise	4.00pm – 6.00pm
<b>Mulholland School of Dance</b>	Gymnastics / Dance for 2 years and over	5.00pm – 9.00pm
<b>Weight to Go with Nikki</b>	Weigh In and Chat	6.00pm – 7.00pm
<b>UKTC Taekwon-Do</b>	Taekwon-Do classes for all ages – children 3 years+, teenagers and adults	6.30pm-7.30pm
<b>Yoga with Eilidh</b>	Yoga – Options for all levels - beginners welcome	7.30pm – 8.30pm
<b>Camera Club</b>	For over 18's - beginners welcome	7.30pm – 9.30pm
<b>Shall We Dance</b>	Ballroom Dancing for Beginners	7.30pm – 9.30pm
<b>Wednesday</b>		
<b>Fit 'n' Fun @ Step to Health</b>	Have fun at this fitness class for adults	9.30am-10.30am
<b>Singergie Choir</b>	New community choir, no auditions and no fees – new members very welcome	10.00am –12.00pm
<b>Linkes</b>	English for Speakers of Other Languages with Creche – 0141 954 7554	10.00am – 12.00pm
<b>Zumbini with Ashley</b>	Exciting music and movement for children aged 0-5. 6 weeks blocks phone Ashley on 07988816767 to book	10.45am – 11.30am

Wednesday Cont.	Description of Activity	Time or Date Starting Back
Wednesday Friendship Club	Friendship Club for the over 60's varied programme of activities	1.30pm – 4.00pm
West of Scotland Mineral & Lapidary Society	Enamelling Group	2.00pm – 5.00pm
Shona Campbell School of Dance	Tap and modern dance classes	4.30pm-8.30pm
WW Reimagined	Wellbeing Workshop from Weight Watchers	5.30pm – 7.00pm
NW Recovery Communities Men's Group	For anyone promoting recovery in the community. Sit and share all men welcome	5.00pm – 7.00pm
Yoga with Tracey	Yoga from The Wellness Boutique - beginners welcome	6.00pm-7.00pm
WKKA Scotland	Karate class for 5 years old and over	7.00pm-8.00pm
Table Tennis Club	For all levels of players	7.00 pm – 9.00pm
Anam Crafts	Advanced crafts group - please phone Jacqui 07426416221	7.30pm – 9.30pm
Glasgow Classical String Orchestra	A music group for amateur and proficient string players	7.30pm – 9.30pm
<b>Thursday</b>		
Fit 'n' Fun @ Step to Health	Have fun at this fitness class for adults	9.30am-10.30am
NW Recovery Communities	Information Drop-in sessions and support	11.00am-2.00pm
Glasgow Senior Citizens Orchestra	New musicians/members welcome or simply listen and enjoy rehearsals	12noon -2.00pm
Skills Development Scotland	Careers advice for adults and young people recently left school	1.00pm – 5.00pm
UKTC Taekwon-Do	Taekwon-Do classes for all ages – children 3 years+, teenagers and adults	4.00pm – 7.00pm
Zumba Fitness	Fitness with fun	6.30pm - 7.30pm
Shall We Dance	Dance lessons for adults	7.00pm - 9.00pm
Dog Training Club	Obedience training from the very experienced trainer Jim McIntosh	5.30pm - 9.00pm
Pilates with Eilidh	Pilates for everyone. (Phone Eilidh 07841 832591)	7.30pm - 8.30pm
<b>Friday</b>		
WW Reimagined	Wellbeing Workshop from Weight Watchers	9.30am -11.00am
Aye Can Dae Activities	Fun & Fabulous Wellbeing Workshops for Adults with Additional Support Needs	11.00am - 2.00pm
Yoga with Eilidh	Yoga – Options for all levels - beginners welcome	11.30am –12.30am
Glasgow Senior Citizens Big Band	For Musicians with an interest in jazz and swing	2.30pm – 4.30pm
Mulholland School of Dance	Competition Dance Class	5.00pm – 7.00pm
Shining Light	Spiritualist Church meetings - All welcome	7.00pm - 9.00pm
Sequence Dancing	<b>All adults welcome</b>	7.30pm - 9.30pm
<b>Saturday</b>		
Ignite Theatre	Free drama classes. Minis 4 to 7 years Juniors 8 to 12 years	9.30am-10.30am 11.00am- 1.00pm
Girotondo Italian School	Italian classes for children	10.00am – 12noon
Shona Campbell School of Dance	Tap & Modern dance class for over 2's	10.15am- 1.15pm
Shimmers Line Dancing Club	Adult class beginners welcome	10.30am – 12.30pm
Table Tennis Club	For advanced players	1.00pm – 3.00pm
<b>Sunday</b>		
Dog Training	Dog training using positive reinforcements techniques (booking essential)	6.30pm- 8.30pm
AI - Anon Meeting	Self-help group for friends and family of alcoholics	7.30pm - 9.30pm
Alcoholics Anonymous	If alcohol is causing you problems, you are most welcome	7.30pm - 9.30pm