

Newsletter

February 2023

**Hot Soup Cinema Club next film:
Monday 6th March 12 to 3.30pm
Fisherman's Friends: One and All**

Knightswood Community Centre Presents
THE HOT SOUP CINEMA CLUB
Join us on Monday afternoons for our fantastic Hot Soup and Cinema Club
Venue: Knightswood Community Centre 201 Alderman Road Glasgow, G13 3DD
Numbers are limited, pre-book on email: louise@ignitetheatreglasgow.org

PRODUCTION
DIRECTOR
SCENE

In Knightswood Community Centre starting from
MONDAY 27th FEBRUARY
12pm - FOOD & DRINKS | 1.30pm - MOVIE
Soup, sandwiches, tea, coffee and biscuits will be available for everyone
Everyone welcome & it's FREE!

KNIGHTSWOOD COMMUNITY CENTRE
Ignite
LOTTERY FUNDED
THE CARAVAN PROJECT
Knightswood Connects

Knightswood Community SCIO is delighted to have received funding from the National Lottery to pilot a Hot Soup Cinema Club. This is a partnership project involving Ignite Theatre, Knightswood Connects, The Caravan Project and the North-West Recovery Communities.



**KNIGHTSWOOD
COMMUNITY CENTRE**

0141 959 9419

enquires@knightswoodcentre.co.uk

www.knightswoodcentre.co.uk

Why not come along to this free cinema weekly event and enjoy a warming bowl of soup and sandwiches followed by a film in a cosy and relaxing environment. There will be a variety of films over the coming months which will be suitable for a varied audience and tastes. You don't need to turn up every week and can choose the films you want to see.

Film Screening Dates and Times

Monday 27th Feb: Downton Abbey: The New Era – PG - 2hr 4min
Fully Booked

Monday 6th March: Fisherman's Friends: One and All - 12A - 1hr 51mins

Monday 13th March: Mrs Harris Goes to Paris PG - 1hr 55min

Monday 20th March: Top Gun: Maverick - 12A - 2hr 10mins

Monday 27th March: The Lost King - 12A - 1hr 48mins

**Phone 0141 959 9419 for more information
or email Louise to book a place: louise@ignitetheatreglagow.org**

Knightswood Community Centre welcomes a new Facilities Team Member

Willie Kennedy is a local lad originally from Yoker. He has had a variety of jobs and was a janitor for fifteen years which included working in



Knightswood Primary and Knightswood Secondary School for five years each. Willie will be a great asset to the Centre as he has a wealth of experience working in the amenities sector. In 2022 Willie appeared on the TV programme Countdown meeting Rachel Riley, Susie Dent and host Anne Robinson. He is a mastermind at numbers so test him out, he is always up for a challenge. We wish Willie all the best in his new post.

Knightswood Community Centre Cafe



Susan, Gemma and Margaret the ladies who create the wonderful range of soups, snacks and meals.

Knightswood Community Café reopened on Monday 20th February. The café's opening times are from Monday to Friday from 10am to 4pm and Saturday from 9am to 1pm. Susan, Gemma and Margaret are experienced café operators. They previously ran the Debenhams Cafe franchise in Ayr. The menu has a delicious array of soups, sandwiches, breakfast rolls, meals, snacks and a selection of tasty cakes and scones. Vegan, vegetarian and gluten free options are always available. You can also enjoy barista-style coffee full of flavour and freshness. You can experience a premium espresso-based coffee, from a traditional Cappuccino to a Mocha Frappe. Speciality teas, milk shakes and soft drinks are also available.



When visiting or passing Knightswood Community Centre, why not pop in, take the weight off your feet and tuck into something tasty to eat and drink in the café. Susan's states that "we can also provide catering for community groups, parties, events and training meetings within the Centre or at other venues in North-West Glasgow. Our catering service is extremely flexible, and we are more than happy to adapt our recipes to create food that your participants and customers will love."

Auld Acquaintances enjoy a Burns Afternoon



A full house in the Alderman Hall enjoying tea, coffee, biscuits to the sound of Scottish and Burns reels and songs.

This Ceilidh was part of Celtic Connections Communities Programme. Celine Donoghue was in fine voice with her band. John Carmichael was there singing Burn's songs, telling tall tales and dodgy jokes. Singer Ruairidh Gray entertained us with some popular Glasgow songs and some



lilting Gaelic *orain*. This was an afternoon that was not to be missed and was concluded by Auld Lang Syne which got the crowd roaring for an encore. This partnership event was made possible by Glasgow Life, Knightswood Community SCIO, Knightswood Connects and North-West Recovery Communities. A flavour of this celebration is captured in this short [video](#) created by Ann Harvey.

Monday	Description of Activity	Time or Date Starting Back
Boogie Babies	Parent/ Carer & Toddler group - creative dance session using movement, stories & games. Contact Links 0141 954 7554 to register. Booking is essential.	10.00 am– 11.00am
Westbourne Bridge Club	For competent players, new members welcome	1.30pm - 4.30pm
Knightswood Walking Group	Health walk for an hour - everyone welcome	1.30pm – 2.30pm
Knightswood Violin Group	This is a course for keen classical violin players wishing to improve their playing	2.00pm – 4.00pm
First Class Learning	Afterschool Maths and English Tuition with Louise	4.00pm – 5.00pm
Mulholland School of Dance	Stage & freestyle dance class for 2 years and over	4.30pm-6.30pm
Fit 'n' Fun @ Step to Health	Have fun at this fitness class for adults	5.45pm-6.45pm
Yoga with Tracey	Yoga from The Wellness Boutique - beginners welcome	6.15pm-7.15pm
Youth & Community Theatre	All welcome from 8 years and over	7.00pm-9.00pm
Art Drawing and Painting Class	Art and drawing class for all levels. Contact Johanna Logan 07900152725	7pm to 9pm
Alcoholics Anonymous	New Group (If alcohol is causing you problems, you are most welcome)	7.30pm - 9.30pm
Healing Heather Sound Therapy	Restorative sound therapy helps your feel calm, relaxed, and more alive	7.30pm - 9.30pm
Tuesday		
Zumba with Kirsty	Fitness with fun	10.00am – 11.00am
Local History Group	History talks and lectures (Every two weeks or twice a month)	10.30pm -12.00noon
Pilates with Eilidh	Pilates for everyone (Phone Eilidh 07841 832591)	11.30am-12.30pm
Sweaty Mama	Pre and Post Natal fitness classes to enjoy fun and effective workouts in a relaxed and safe environment	1.00pm – 2.00pm
Skills Development Scotland	Careers advice for adults and young people recently left school	1.00pm – 5.00pm
Nit Wits Knitting Class	Everyone welcome	1.30pm – 3.30pm
Art for All	Art club	1.00pm – 4.00pm
West of Scotland Mineral & Lapidary Society	Stonecutting & polishing - all welcome	2.00pm – 5.00pm
Easy Exercise	Exercise class for the older adults	2.30pm – 3.30pm
First Class Learning	Afterschool Maths and English Tuition with Louise	4.00pm – 6.00pm
Mulholland School of Dance	Gymnastics / Dance for 2 years and over	5.00pm – 9.00pm
Weight to Go with Nikki	Weigh In and Chat	6.00pm – 7.00pm
UKTC Taekwon-Do	Taekwon-Do classes for all ages – children 3 years+, teenagers and adults	6.30pm-7.30pm
Yoga with Eilidh	Yoga – Options for all levels - beginners welcome	7.30pm – 8.30pm
Camera Club	For over 18's - beginners welcome	7.30pm – 9.30pm
Shall We Dance	Ballroom Dancing for Beginners	7.30pm – 9.30pm
Wednesday		
Fit 'n' Fun @ Step to Health	Have fun at this fitness class for adults	9.30am-10.30am
Singergie Choir	New community choir, no auditions and no fees – new members very welcome	10.00am –12.00pm
Linkes	English for Speakers of Other Languages with Creche – 0141 954 7554	10.00am – 12.00pm
Zumbini with Ashley	Exciting music and movement for children aged 0-5. 6 weeks blocks phone Ashley on 07988816767 to book	10.45am – 11.30am

Wednesday Cont.	Description of Activity	Time or Date Starting Back
Wednesday Friendship Club	Friendship Club for the over 60's varied programme of activities	1.30pm – 4.00pm
Mineral & Lapidary Society	Enamelling Group	2.00pm – 5.00pm
Shona Campbell School of Dance	Tap and modern dance classes	4.30pm-8.30pm
WW Reimagined	Wellbeing Workshop from Weight Watchers	5.30pm – 7.00pm
NW Recovery Communities Men's Group	For anyone promoting recovery in the community. Sit and share all men welcome	5.00pm – 7.00pm
Yoga with Tracey	Yoga from The Wellness Boutique - beginners welcome	6.00pm-7.00pm
WKKA Scotland	Karate class for 5 years old and over	7.00pm-8.00pm
Table Tennis Club	For all levels of players	7.00 pm – 9.00pm
Anam Crafts	Advanced crafts group - please phone Jacqui 07426416221	7.30pm – 9.30pm
Glasgow Classical String Orchestra	A music group for amateur and proficient string players	7.30pm – 9.30pm
Thursday		
Fit 'n' Fun @ Step to Health	Have fun at this fitness class for adults	9.30am-10.30am
NW Recovery Communities	Information Drop-in sessions and support	11.00am-2.00pm
Glasgow Senior Citizens Orchestra	New musicians/members welcome or simply listen and enjoy rehearsals	12noon -2.00pm
Skills Development Scotland	Careers advice for adults and young people recently left school	1.00pm – 5.00pm
UKTC Taekwon-Do	Taekwon-Do classes for all ages – children 3 years+, teenagers and adults	4.00pm – 7.00pm
Zumba Fitness	Fitness with fun	6.30pm – 7.30pm
Shall We Dance	Dance lessons for adults	7.00pm – 9.00pm
Dog Training Club	Obedience training from the very experienced trainer Jim McIntosh	5.30pm - 9.00pm
Pilates with Eilidh	Pilates for everyone. (Phone Eilidh 07841 832591)	7.30pm – 8.30pm
Friday		
WW Reimagined	Wellbeing Workshop from Weight Watchers	9.30am-11.00am
Aye Can Dae Activities	Fun & Fabulous Wellbeing Workshops for Adults with Additional Support Needs	11.00am - 2.00pm
Yoga with Eilidh	Yoga – Options for all levels - beginners welcome	11.30am –12.30am
Glasgow Senior Citizens Big Band	For Musicians with an interest in jazz and swing	2.30pm – 4.30pm
Mulholland School of Dance	Competition Dance Class	5.00pm – 7.00pm
Shining Light	Spiritualist Church meetings - All welcome	7.00pm - 9.00pm
Sequence Dancing	All adults welcome	7.30pm - 9.30pm
Saturday		
Ignite Theatre	Free drama classes. Minis 4 to 7 years Juniors 8 to 12 years	9.30am-10.30am 11.00am- 1.00pm
Girotondo Italian School	Italian classes for children	10.00am – 12noon
Shona Campbell School of Dance	Tap & Modern dance class for over 2's	10.15am- 1.15pm
Shimmers Line Dancing Club	Adult class beginners welcome	10.30am – 12.30pm
Table Tennis Club	For advanced players	1.00pm – 3.00pm
Sunday		
Foundation Dog Training	Dog training using positive reinforcements techniques (booking essential)	6.30pm- 8.30pm
AI - Anon Meeting	Self-help group for friends and family of alcoholics	7.30pm - 9.30pm
Alcoholics Anonymous	If alcohol is causing you problems, you are most welcome	7.30pm - 9.30pm