

Newsletter

January 2023

Mother Goose flies into Knightswood (Oh Yes, She Did!!)



The full talented cast of Mother Goose

There were two performances at Knightswood Community Centre of Mother Goose by Glasgow Life's touring community panto troupe on Saturday 10th December. At only £3.00 a ticket this was the best value for money live show in Glasgow over the Festive period. It was fun from the start, with Mother Goose (Simon Weir) running a dilapidated circus with Ginny (Caitlin Forbes), her spirited daughter and Carlo the Clown (Andrew Marley).

"It was a great show for all age groups" said Gary Gentles (Centre Manager) "I saw toddlers, brothers, sisters, mums, dads, grans and grampas having a great family time"



KNIGHTSWOOD COMMUNITY CENTRE

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Centre news to look out for next month:

- A New Facilities Team Member starting!
- The Centre Cafe grand re-opening!
- KCSCIO Lottery Success. Knightswood Community Hot Soup Cinema Club!
- Glasgow Clyde College running over 20 classes in the Centre!



This was a lively one-hour panto that everyone in the family enjoyed. The baddie Diavolo (Alan McKenzie) was well booed and his good counterpart Fairy Fortune (Diana Onotu) well cheered. All the five cast members were fantastic in this humorous, all singing and dancing classic panto. The script was masterfully knitted together by writer Alan McHugh and adapted by Julie Brown. It balanced the moral story with up-to-date social commentary that was fun and entertaining. As the show progressed the audience saw Mother Goose struggle with the pressures of wealth and fame and in true panto form witness the salvation and reconciliation of the main characters. What a great Panto.

Sandy says a final goodbye to Knightswood Community Centre

Popular Facilities Team member Sandy Reid has now retired, and he will be missed by all the groups. Sandy has worked in the Centre since 2015 and was always a friendly welcoming face to new and existing customers. Neil from the Table Tennis group stated that “Sandy always went the extra mile to help you out, what a great guy. He was a great asset to the Centre and all the club members will really miss him.”

Everyone in the Centre wishes Sandy a happy retirement.



Anne from Fit @ Fun presenting Sandy with a retirement gift.



Knightswood Centre Community Garden

Knightswood Community Centre is seeking to find out how interested the community would be in a community garden space at the Centre.

The Centre is working with Glasgow Eco Trust on this project and it would be appreciated if you could take a few minutes to complete this survey and share your views on the potential for a community garden at the Centre.

This community engagement work is supported by the Scottish Government's Strengthening Communities Programme and Glasgow Eco Trust's Food and Climate Action project and Community Connections for Climate Action project.

You can complete the survey online at <https://forms.gle/hmmP9qM17PrvRcnKA>

If you are completing a paper copy of the survey please hand it in to either

- Knightswood Community Centre, 201 Alderman Road, Glasgow G13 3DD
- Glasgow Eco Trust, Heart of Scotstoun Community Centre, 64 Balmoral Street, Glasgow G14 0BL

What will happen to the information I give?

The survey responses will be aggregated together and analysed before being used in a report prepared for Knightswood Community Centre SCIO (Scottish Charitable Incorporated Organisation). Any information you give us will be anonymised. Any identifiable information will be omitted from any published material released to the public. The information collected will be used for statistical and research purposes only. Any contact information you provide will only be used to contact you about this project and will not be shared with any third parties. All data will be stored in compliance with the General Data Protection Regulation (GDPR) 2018.

Further information

If you have any questions about this survey please contact Knightswood Community Centre on 0141 959 9419 or development@knightswoodcentre.co.uk or Glasgow Eco Trust office on 0141 433 0427 or hello@glasgowecotrust.org.uk

Knightswood Community Centre Programme

Monday	Description of Activity	Time or Date Starting Back
Boogie Babies	Parent/ Carer & Toddler group - creative dance session using movement, stories & games. Contact Links 0141 954 7554 to register. Booking is essential.	10.00 am– 11.00am
Westbourne Bridge Club	For competent players, new members welcome	1.30pm - 4.30pm
Knightswood Walking Group	Health walk for an hour - everyone welcome	1.30pm – 2.30pm
Knightswood Violin Group	This is a course for keen classical violin players wishing to improve their playing	2.00pm – 4.00pm
First Class Learning	Afterschool Maths and English Tuition with Louise	4.00pm – 5.00pm
Mulholland School of Dance	Stage & freestyle dance class for 2 years and over	4.30pm-6.30pm
Fit 'n' Fun @ Step to Health	Have fun at this fitness class for adults	5.45pm-6.45pm
Yoga with Tracey	Yoga from The Wellness Boutique - beginners welcome	6.15pm-7.15pm
Youth & Community Theatre	All welcome from 8 years and over	7.00pm-9.00pm
Alcoholics Anonymous	New Group (If alcohol is causing you problems, you are most welcome)	7.30pm - 9.30pm
Healing Heather Sound Therapy	Restorative sound therapy helps your feel calm, relaxed, and more alive	7.30pm - 9.30pm
Tuesday		
Zumba with Kirsty	Fitness with fun	10.00am – 11.00am
Local History Group	History talks and lectures (Every two weeks or twice a month)	10.30pm -12.00noon
Pilates with Eilidh	Pilates for everyone (Phone Eilidh 07841 832591)	11.30am-12.30pm
Sweaty Mama	Pre and Post Natal fitness classes to enjoy fun and effective workouts in a relaxed and safe environment	1.00pm – 2.00pm
Skills Development Scotland	Careers advice for adults and young people recently left school	1.00pm – 5.00pm
Nit Wits Knitting Class	Everyone welcome	1.30pm – 3.30pm
Art for All	Art club - all welcome	2.00pm – 5.00pm
West of Scotland Mineral & Lapidary Society	Stonecutting & polishing - all welcome	2.00pm – 5.00pm
Easy Exercise	Exercise class for the older adults	2.30pm – 3.30pm
First Class Learning	Afterschool Maths and English Tuition with Louise	4.00pm – 6.00pm
Mulholland School of Dance	Gymnastics / Dance for 2 years and over	5.00pm – 9.00pm
Weight to Go with Nikki	Weigh In and Chat	6.00pm – 7.00pm
UKTC Taekwon-Do	Taekwon-Do classes for all ages – children 3 years+, teenagers and adults	6.30pm-7.30pm
Yoga with Eilidh	Yoga – Options for all levels - beginners welcome	7.30pm – 8.30pm
Camera Club	For over 18's - beginners welcome	7.30pm – 9.30pm
Shall We Dance	Ballroom Dancing for Beginners	7.30pm – 9.30pm
Wednesday		
Fit 'n' Fun @ Step to Health	Have fun at this fitness class for adults	9.30am-10.30am
Singerie Choir	New community choir, no auditions and no fees – new members very welcome	10.00am –12.00pm
Linkes	English for Speakers of Other Languages with Creche – 0141 954 7554	10.00am – 12.00pm
Zumbini with Ashley	Exciting music and movement for children aged 0-5. 6 weeks blocks phone Ashley on 07988816767 to book	Starts Back 1 Feb. 10.45am – 11.30am
Wednesday Friendship Club	Friendship Club for the over 60's varied programme of activities	1.30pm – 4.00pm

West of Scotland Mineral & Lapidary Society	Enamelling Group	2.00pm – 5.00pm
Shona Campbell School of Dance	Tap and modern dance classes	4.30pm-8.30pm
WW Reimagined	Wellbeing Workshop from Weight Watchers	5.30pm – 7.00pm
NW Recovery Communities Men's Group	For anyone promoting recovery in the community. Sit and share all men welcome	5.00pm – 7.00pm
Yoga with Tracey	Yoga from The Wellness Boutique - beginners welcome	6.00pm-7.00pm
WKKA Scotland	Karate class for 5 years old and over	7.00pm-8.00pm
Table Tennis Club	For all levels of players	7.00 pm – 9.00pm
Anam Crafts	Advanced crafts group - please phone Jacqui 07426416221	7.30pm – 9.30pm
Glasgow Classical String Orchestra	A music group for amateur and proficient string players	7.30pm – 9.30pm
Thursday		
Fit 'n' Fun @ Step to Health	Have fun at this fitness class for adults	9.30am-10.30am
NW Recovery Communities	Information Drop-in sessions and support	11.00am-2.00pm
Glasgow Senior Citizens Orchestra	New musicians/members welcome or simply listen and enjoy rehearsals	12noon -2.00pm
Skills Development Scotland	Careers advice for adults and young people recently left school	1.00pm – 5.00pm
UKTC Taekwon-Do	Taekwon-Do classes for all ages – children 3 years+, teenagers and adults	4.00pm – 7.00pm
Zumba Fitness	Fitness with fun	6.30pm - 7.30pm
Shall We Dance	Dance lessons for adults	7.00pm - 9.00pm
Dog Training Club	Obedience training from the very experienced trainer Jim McIntosh	5.30pm - 9.00pm
Pilates with Eilidh	Pilates for everyone. (Phone Eilidh 07841 832591)	7.30pm - 8.30pm
Friday		
WW Reimagined	Wellbeing Workshop from Weight Watchers	9.30am -11.00am
Aye Can Dae Activities	Fun & Fabulous Wellbeing Workshops for Adults with Additional Support Needs	11.00am - 2.00pm
Yoga with Eilidh	Yoga – Options for all levels - beginners welcome	11.30am –12.30am
Glasgow Senior Citizens Big Band	For Musicians with an interest in jazz and swing	2.30pm – 4.30pm
Mulholland School of Dance	Competition Dance Class	5.00pm – 7.00pm
Shining Light	Spiritualist Church meetings - All welcome	7.00pm - 9.00pm
Sequence Dancing	All adults welcome	7.30pm - 9.30pm
Saturday		
Ignite Theatre	Free drama classes. Minis 4 to 7 years Juniors 8 to 12 years	9.30am-10.30am 11.00am- 1.00pm
Shona Campbell School of Dance	Tap & Modern dance class for over 2's	10.15am- 1.15pm
Shimmers Line Dancing Club	Adult class beginners welcome	10.30am – 12.30pm
Table Tennis Club	For advanced players	1.00pm – 3.00pm
Sunday		
Foundation Dog Training	Dog training using positive reinforcements techniques (booking essential)	Starts Back 5 th Feb. 6.30pm- 8.30pm
AI - Anon Meeting Alcoholics Anonymous	Self-help group for friends and family of alcoholics	7.30pm - 9.30pm
	If alcohol is causing you problems, you are most welcome	7.30pm - 9.30pm