

Newsletter

October 2022

Call to Annual General Meeting

Monday 14th November 2022 at 7:30pm

Knightswood Community SCIO's 9th Annual General Meeting could not take place due to insufficient numbers. There is now a rescheduled AGM to be held on Monday 14th November 2022 at 7:30pm in the Lincoln Hall, Knightswood Community Centre.



Could members please try to attend on the 14th to allow the AGM to take place. It is essential that there is an election of Trustees, or the Centre **will not be able to operate.**

The AGM is only open to fully paid-up members. A few members have still to renew their annual fees and they will be able to pay their £3 from 6.30pm on the night. The Trustees look forward to welcoming you at the AGM



**KNIGHTSWOOD
COMMUNITY CENTRE**

0141 959 9419

enquires@knightswoodcentre.co.uk

www.knightswoodcentre.co.uk

Upcoming Events

Family Ceilidh

Saturday 29th October
6.30-8.30pm

Craft and Art Fayre

Saturday 12th November
2.00-5.00pm

St Andrew's Day Celebrations

Wed. 30th November
1.30- 3.30pm

Mother Goose Panto

Saturday 10 December
Matinee 2.30pm
Evening 7.00pm

For more information
please phone Centre
or check website.

Bob Nelson hands over the baton then picks up his violin



Bob at his final concert in Glasgow's City Chambers

Bob has been the musical director and conductor for Glasgow Senior Citizen's Orchestra (GSCO) since 2008. The job as the conductor is purely voluntary and Bob has given his time and served the orchestra with distinction. Bob is only eighty-seven years young and conducted the GSCO for the last time at their annual concert, 23rd May 2022 at the Banqueting Hall in the City Chambers. Bob saw his role as a conductor as "weaving the individual musicians and their sections into a cohesive unit and giving life to the music on the page bringing a unified vision to the music and making that vision come alive". The GSCO came to Knightswood seven years ago and have been a wonderful addition to the community centre's extensive programme. Gary (Centre Manager) says "hearing their music drift through the corridors, on a Thursday is one of the delights of the week".

The GSCO repertoire is mainly 'light-classical', and includes music from shows and films, especially of the 50's and 60's, familiar classics, musical theatre, and arrangements of popular songs. The orchestra plays in Knightswood Community Centre on Thursday afternoons from 12.00 to 2.00pm, now under the new stewardship of John Smillie. Bob has been involved with classical music all his adult life. He studied music at the Royal Scottish Academy of Music and Drama in Glasgow (now called the Royal Conservatoire) between 1959 to 1961. Bob married his wife Christine (also a violinist) in 1963. They have two daughters; one is a Cellist with the Royal Scottish National Orchestra and the other works for the NHS.



Bob conducting one of the many GSCO concerts at Knightswood Community Centre

Bob is a distinguished violinist and has played in the Royal Liverpool Philharmonic Orchestra, the Scottish National Orchestra, and the Scottish Opera Orchestra. In his later life Bob opened a violin making and repair shop called the Fiddle Gallery. His house is still filled with violins in various states of restoration.

Bob is still very much part of Knightswood Community Centre. He has started a new ensemble called the Knightswood Violin Group who meet on Monday afternoons from 2.00 to 4.00pm.

The group is for keen classical violin players wishing to improve their playing. **Thank you, Bob, for fourteen years of inspiring direction and conducting and all the best with Knightswood Violin Group.**

The fabulous Celine Donoghue and friends return to Knightswood

There is a family ceilidh on Saturday 29th of October at 6.30pm with the charismatic Scottish folk singer Celine Donoghue and friends. It will be a fun and entertaining evening of Scottish music and Celine (if you are able) will get you out of your seat for some Scottish dancing. Tea, coffee, soft drinks, and biscuits will be on offer.

This partnership event is free and is organised by Knightswood Community SCIO and Glasgow Arts. There are only a few tickets left, so please phone the Centre, as soon as possible, to reserve your tickets on 0141 959 9419.



Last December Celine Donoghue and John Carmichae had Knightswood Community Centre rocking and reeling

Something different, Something hand-crafted

There is a **Community Craft and Art Fayre on Saturday, 12th November from 2:00pm to 5:00pm at Knightswood Community Centre**. The event is free and there will be a Café with coffee, tea and snacks run by volunteers from the North-West Recovery Communities.



The Art for All Group will be exhibiting their work at the Fayre

paintings, art from Ukraine, unique gifts and greeting cards, Christmas, and Scottish items and much more. The artists will be operating on a predominately cash only basis.

All pieces are distinctive artwork and uniquely handcrafted. They are created by local craft makers and artists. So, if you are looking for that special present for a loved one, ideal for birthdays and



Hand crafted Jewellery

Christmas, come along to the Community Craft and Art Fayre on Saturday, 12th November from 2:00pm to 5:00pm



Example of the Craft of Lapidary

Everyone is welcome at Knightswood Community Centre, 201 Alderman Road, Glasgow G13 3DD, 0141 959 9419 or visit www.knightswoodcentre.co.uk.

Come and try out our Hybrid Technology

Sharing the future in Knightswood Community Centre



Three rooms in Knightswood Community Centre have video conference equipment, so that community groups and organisations can hold Hybrid Meetings.

This technology allows people to meet in person and others to join the meeting online. It can encourage a greater level of engagement for individuals in the community, enabling them to learn together, meet and connect

A Polycom Studio USB Video Bar with audio is permanently situated above the projector screen in each room. It has a plug-and-play functionality that is easy to use for community groups with high quality audio and video, which allow organisations to see and hear everyone clearly.

The Centre has the digital infrastructure (whiteboards, ceiling mounted projectors, integrated sound systems and Wi-Fi throughout the building) which are essential to enable groups to hold high quality hybrid meetings and events. In the Lincoln Hall there is a built-in loop system for the hard of hearing.



Groups that have used the Hybrid technology in the Centre include Al-Anon, Dumbarton Road Corridor Network, Knightswood Community Council, Knightswood Community SCIO, North-West Glasgow Voluntary Sector Network, Scottish National Party and WKKA Karate Scotland.

Knightswood Community Centre October Programme 2022

Monday	Description of Activity	Time or Date Starting Back
Boogie Babies	Parent/ Carer & Toddler group - creative dance session using movement, stories & games. Contact Links 0141 954 7554 to register. Booking is essential.	10.00 am – 11.00am
Westbourne Bridge Club	For competent players, new members welcome	1.30pm - 4.30pm
Knightswood Walking Group	Health walk for an hour - everyone welcome	1.30pm – 2.30pm
Knightswood Violin Group	This is a course for keen classical violin players wishing to improve their playing	2.00pm – 4.00pm
First Class Learning	Afterschool Maths and English Tuition with Louise	4.00pm – 5.00pm
Mulholland School of Dance	Stage & freestyle dance class for 2 years and over	4.30pm-6.30pm
Fit 'n' Fun @ Step to Health	Have fun at this fitness class for adults	5.45pm-6.45pm
Yoga with Tracey	Yoga from The Wellness Boutique - beginners welcome	6.15pm-7.15pm
Youth & Community Theatre	All welcome from 8 years and over	7.00pm-9.00pm
Alcoholics Anonymous	New Group (If alcohol is causing you problems, you are most welcome)	7.30pm - 9.30pm
Tuesday		
Zumba with Kirsty	Fitness with fun	10.00am – 11.00am
Local History Group	History talks and lectures (Every two weeks or twice a month)	10.30pm - 12.00noon
Pilates with Eilidh	Pilates for everyone (Phone Eilidh 07841 832591)	11.30am-12.30pm
Sweaty Mama	Pre and Post Natal fitness classes to enjoy fun and effective workouts in a relaxed and safe environment	1.00pm – 2.00pm
Skills Development Scotland	Careers advice for adults and young people recently left school	1.00pm – 5.00pm
Nit Wits Knitting Class	Everyone welcome	1.30pm – 3.30pm
Art for All	Art club - all welcome	2.00pm – 5.00pm
West of Scotland Mineral & Lapidary Society	Stonecutting & polishing - all welcome	2.00pm – 5.00pm
Easy Exercise	Exercise class for the older adults	2.30pm – 3.30pm
First Class Learning	Afterschool Maths and English Tuition with Louise	4.00pm – 6.00pm
Mulholland School of Dance	Gymnastics / Dance for 2 years and over	5.00pm – 9.00pm
Weight to Go with Nikki	Weigh In and Chat	6.00pm – 7.00pm
UKTC Taekwon-Do	Taekwon-Do classes for all ages – children 3 years+, teenagers and adults	6.30pm-7.30pm
Yoga with Eilidh	Yoga – Options for all levels - beginners welcome	7.30pm – 8.30pm
Camera Club	For over 18's - beginners welcome	7.30pm – 9.30pm
Shall We Dance	Ballroom Dancing for Beginners	7.30pm – 9.30pm
Wednesday		
Fit 'n' Fun @ Step to Health	Have fun at this fitness class for adults	Start back 5th Oct. 9.30am-10.30am
Singergie Choir	New community choir, no auditions and no fees – new members very welcome	10.00am –12.00pm
Linkes	English for Speakers of Other Languages with Creche – 0141 954 7554	10.00am – 12.00pm
Zumbini with Ashley	Exciting music and movement for children aged 0-5. 6 weeks blocks phone Ashley on 07988816767 to book	10.45am – 11.30am
Wednesday Friendship Club	Friendship Club for the over 60's varied programme of activities	1.30pm – 4.00pm
West of Scotland Mineral & Lapidary Society	Enamelling Group	2.00pm – 5.00pm

Shona Campbell School of Dance	Tap and modern dance classes	4.30pm-8.30pm
WW Reimagined	Wellbeing Workshop from Weight Watchers	5.30pm – 7.00pm
NW Recovery Communities Men's Group	For anyone promoting recovery in the community. Sit and share all men welcome	5.00pm – 7.00pm
Yoga with Tracey	Yoga from The Wellness Boutique - beginners welcome	6.00pm-7.00pm
WKKA Scotland	Karate class for 5 years old and over	7.00pm-8.00pm
Table Tennis Club	For all levels of players	7.00 pm – 9.00pm
Anam Crafts	Advanced crafts group - please phone Jacqui 07426416221	7.30pm – 9.30pm
Glasgow Classical String Orchestra	A music group for amateur and proficient string players	7.30pm – 9.30pm
The Daisy Foundation	Antenatal Classes/ Pregnancy Yoga	7.30pm – 9.30pm
Thursday		
Fit 'n' Fun @ Step to Health	Have fun at this fitness class for adults	9.30am-10.30am
NW Recovery Communities	Information Drop-in sessions and support	11.00am-2.00pm
Glasgow Senior Citizens Orchestra	New musicians/members welcome or simply listen and enjoy rehearsals	12noon -2.00pm
Skills Development Scotland	Careers advice for adults and young people recently left school	1.00pm – 5.00pm
UKTC Taekwon-Do	Taekwon-Do classes for all ages – children 3 years+, teenagers and adults	4.00pm – 7.00pm
Zumba Fitness	Fitness with fun	6.30pm - 7.30pm
Shall We Dance	Dance lessons for adults	7.00pm - 9.00pm
Dog Training Club	Obedience training from the very experienced trainer Jim McIntosh	5.30pm - 9.00pm
Pilates with Eilidh	Pilates for everyone. (Phone Eilidh 07841 832591)	7.30pm - 8.30pm
Friday		
WW Reimagined	Wellbeing Workshop from Weight Watchers	9.30am -11.00am
Aye Can Dae Activities	Fun & Fabulous Wellbeing Workshops for Adults with Additional Support Needs	11.00am - 2.00pm
Yoga with Eilidh	Yoga – Options for all levels - beginners welcome	11.30am –12.30am
Glasgow Senior Citizens Big Band	For Musicians with an interest in jazz and swing	2.30pm – 4.30pm
Mulholland School of Dance	Competition Dance Class	5.00pm – 7.00pm
Shining Light	Spiritualist Church meetings - All welcome	7.00pm - 9.00pm
Sequence Dancing	All adults welcome	7.30pm - 9.30pm
Saturday		
Ignite Theatre	Free drama classes. Minis 4 to 7 years Juniors 8 to 12 years	9.30am-10.30am 11.00am- 1.00pm
Shona Campbell School of Dance	Tap & Modern dance class for over 2's	10.15am- 1.15pm
Shimmers Line Dancing Club	Adult class beginners welcome	10.30am – 12.30pm
Table Tennis Club	For advanced players	1.00pm – 3.00pm
Sunday		
Foundation Dog Training	Dog training using positive reinforcements techniques (booking essential)	6.30pm- 8.30pm
AI - Anon Meeting	Self-help group for friends and family of alcoholics	7.15pm - 9.15pm
Alcoholics Anonymous	If alcohol is causing you problems, you are most welcome	7.30pm - 9.30pm