

# Newsletter

September 2022

## Have you the Skills and Experience to be a Trustee of Knightswood Community SCIO?

Are you interested in Knightswood Community Centre and be willing to give some time to help support the venue? Do you have knowledge or experience of finance, human resources, law, management, charity work, communications, community development or fundraising?



If you have any of these skills, have you considered being a charity trustee for Knightswood Community SCIO (KCSCIO)? It can be both a fulfilling way to support the community of Knightswood and a way to learn fantastic new skills. It's an exhilarating and dynamic role, which puts you at the very heart of the charity and its work, liaising with a team of like minded people.

**The next Annual General Meeting is at 7.30pm on Wednesday 12th October 2022 and all full members of KCSCIO are invited to attend.**



## KNIGHTSWOOD COMMUNITY CENTRE

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A trustee with KCSCIO is a volunteer who serves on the governing body of the charity, contributing to the general running of the Knightswood Community Centre. On a personal note, being a trustee can be good for your individual and professional development, gaining planning and leadership skills, a CV boost, and it's a chance to make a real difference to the community of Knightswood.

To become a trustee, you first must be a member the KCSCIO. Full membership of KCSCIO is open to any individual aged 16 or over who supports the broad purposes of the organisation (and has paid their annual membership fee of £3). Please talk to Gary Gentles (Manager) or Gordon (Development Officer) about becoming a KCSCIO member

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## **The Knightswood History Group Is Back On Tuesdays 10.30am to 12noon**

### **Syllabus 2022**

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|--------------|---|
| 13 September | Scottish and Global History: A Legacy<br>Dr Geraldine Perriam                                       |
| 27 September | Remembering and Forgetting Glasgow<br>Craig Lamont  |
| 11 October   | Alexander Bain<br>Dr Ivan Ruddock   |
| 18 October   | Milestones<br>Bruce Keith   |
| 08 November  | Stories of Stone: Histories of outside art in Scotland<br>Dr Cheryl McGeachan                       |
| 22 November  | When War Came to Bishopbriggs<br>Carol Primrose   |
| 06 December  | What Lies Beneath: The Geology of Kirkintilloch and<br>How We Know What Lies Beneath<br>Murray Reid |
| 20 December  | The Banning of Yule<br>Dr Geraldine Perriam   |

# Ignite Theatre – A Summer of Film Making.



*A few budding Spike Lee's and Steve McQueen's outside the Community Centre*

Ignite Theatre was founded in 2010 by writer/director Aileen Ritchie and an original group of young Asylum Seekers and Refugees. We are an award-winning charity and engage with a diverse range of people. We believe that everyone regardless of their backgrounds should be able to access and participate in high quality arts and to gain the benefits.

We have an office based in Knightswood Community Centre and run regular weekly activities on a Saturday morning for young people aged 5 to 24 years of age in the Centre. All the workshops and activities that we run are always free to attend and we like to provide healthy snacks for the children and young people.

As well as our regular weekly activities we also deliver outreach workshops to schools, organisations, and community groups. The activities we offer are in all different art forms and can be for any age group.

In 2021 we received funding through the Scottish Government's New Scots Refugee Integration Delivery Project. Through this project we have delivered over 200 workshops to over 400 people in a range of artforms to include creative writing, drama, visual art, and film making.

As part of this project, we ran a two-week Film Making Summer Camp in Knightswood Community Centre during August. In the first week we worked with 12 young people from the local area and in the second week we worked with 11 Syrian Women and 26 Children. Through the workshops the participants got to write their own scripts, direct, use a camera and produce their own unique short films.



***The Artist Manu Kurewa who led the Project***

We had a wonderful two weeks working with these two groups of amazing people and we can't wait to see the finished short films. We want to thank all the participants involved in the project, all the staff and volunteers who worked so hard to make it a success and to the staff of Knightswood Community Centre for their support during the filming. We also want to thank LINKES, Moments of Freedom and Outside the Box who supported us in the project.

Ignite are looking forward to a busy September where we will be recommencing our regular weekly classes in the centre, working on our filming project, and starting a new project for Ukrainian Children and Women as well as the exciting relaunch of our Company.

Our regular weekly classes run on a Saturday morning in Knightswood Community Centre and on a Tuesday evening in Knightswood Congregational Church.

- Minis for P1 to P3 – Saturday – 9.30am to 10.30 am – Knightswood Community Centre
- Juniors for P3 to P7 – Saturday – 11am to 1pm – Knightswood Community Centre
- Intermediates/Seniors for S1-S6 – Tuesday - 6.30pm to 8.00pm – Knightswood Congregational Church.

'We are always looking for new members so please feel free to get in touch'

If you would like to find out more about what we do, then please contact the General Manager, Amanda-Jane Prow, at [aj@ignitetheatreglasgow.org](mailto:aj@ignitetheatreglasgow.org).

Monday	Description of Activity	Time or Date Starting Back
<b>Boogie Babies</b>	Parent/ Carer & Toddler group - creative dance session using movement, stories & games. <b>Contact Links 0141 954 7554 to register.</b> Booking is essential.	10.00 am– 11.00am
<b>Westbourne Bridge Club</b>	For competent players, new members welcome	1.30pm - 4.30pm
<b>Knightswood Walking Group</b>	Health walk for an hour - everyone welcome	1.30pm – 2.30pm
<b>Knightswood Violin Group</b>	<b>This is a course for keen classical violin players wishing to improve their playing</b>	2.00pm – 4.00pm
<b>First Class Learning</b>	Afterschool Maths and English Tuition with Louise	4.00pm – 5.00pm
<b>Mulholland School of Dance</b>	Stage & freestyle dance class for 2 years and over	4.30pm-6.30pm
<b>Fit 'n' Fun @ Step to Health</b>	Have fun at this fitness class for adults	Start back 3 <sup>rd</sup> Oct 5.45pm-6.45pm
<b>Yoga with Tracey</b>	Yoga from The Wellness Boutique - beginners welcome	6.15pm-7.15pm
<b>Youth &amp; Community Theatre</b>	All welcome from 8 years and over	7.00pm-9.00pm
<b>Alcoholics Anonymous</b>	New Group (If alcohol is causing you problems, you are most welcome)	Starting 26th Sept 7.30pm - 9.30pm
<b>Tuesday</b>		
<b>Zumba with Kirsty</b>	Fitness with fun	10.00am – 11.00am
<b>Local History Group</b>	History talks and lectures (Every two weeks or twice a month)	10.30pm -12.00noon
<b>Pilates with Eilidh</b>	Pilates for everyone (Phone Eilidh 07841 832591)	11.30am-12.30pm
<b>Skills Development Scotland</b>	Careers advice for adults and young people recently left school	1.00pm – 5.00pm
<b>Nit Wits Knitting Class</b>	Everyone welcome	1.30pm – 3.30pm
<b>Art for All</b>	Art club - all welcome	2.00pm – 5.00pm
<b>West of Scotland Mineral &amp; Lapidary Society</b>	Stonecutting & polishing - all welcome	2.00pm – 5.00pm
<b>Easy Exercise</b>	Exercise class for the older <b>adults</b>	2.30pm – 3.30pm
<b>First Class Learning</b>	Afterschool Maths and English Tuition with Louise	4.00pm – 6.00pm
<b>Mulholland School of Dance</b>	Gymnastics / Dance for 2 years and over	5.00pm – 9.00pm
<b>Weight to Go with Nikki</b>	Weigh In and Chat	6.00pm – 7.00pm
<b>UKTC Taekwon-Do</b>	Taekwon-Do classes for all ages – children 3 years+, teenagers and adults	6.30pm-7.30pm
<b>Yoga with Eilidh</b>	Yoga – Options for all levels - beginners welcome	7.30pm – 8.30pm
<b>Camera Club</b>	For over 18's - beginners welcome	7.30pm – 9.30pm
<b>Shall We Dance</b>	Ballroom Dancing for Beginners	7.30pm – 9.30pm
<b>Wednesday</b>		
<b>Fit 'n' Fun @ Step to Health</b>	Have fun at this fitness class for adults	Start back 5th Oct. 9.30am-10.30am
<b>Singergie Choir</b>	New community choir, no auditions and no fees – new members very welcome	10.00am –12.00pm
<b>Linkes</b>	English for Speakers of Other Languages with Creche – 0141 954 7554	10.00am – 12.00pm
<b>Zumbini with Ashley</b>	Exciting music and movement for children aged 0-5. 6 weeks blocks phone Ashley on 07988816767 to book	10.45am – 11.30am
<b>Wednesday Friendship Club</b>	Friendship Club for the over 60's varied programme of activities	1.30pm – 4.00pm
<b>West of Scotland Mineral &amp; Lapidary Society</b>	Enamelling Group	2.00pm – 5.00pm
<b>Shona Campbell School of Dance</b>	Tap and modern dance classes	4.30pm-8.30pm

<b>WW Reimagined</b>	Wellbeing Workshop from Weight Watchers	5.30pm – 7.00pm
<b>NW Recovery Communities Men's Group</b>	For anyone promoting recovery in the community. Sit and share all men welcome	5.00pm – 7.00pm
<b>Yoga with Tracey</b>	Yoga from The Wellness Boutique - beginners welcome	6.00pm-7.00pm
<b>WKKA Scotland</b>	Karate class for 5 years old and over	7.00pm-8.00pm
<b>Table Tennis Club</b>	For all levels of players	7.00 pm – 9.00pm
<b>Anam Crafts</b>	Advanced crafts group - please phone Jacqui 07426416221	7.30pm – 9.30pm
<b>Glasgow Classical String Orchestra</b>	A music group for amateur and proficient string players	7.30pm – 9.30pm
<b>The Daisy Foundation</b>	Antenatal Classes/ Pregnancy Yoga	7.30pm – 9.30pm
<b>Thursday</b>		
<b>Fit 'n' Fun @ Step to Health</b>	Have fun at this fitness class for adults	Start back 6 <sup>th</sup> Oct. 9.30am-10.30am
<b>The Daisy Foundation</b>	Baby Massage Class	Starting 6 <sup>th</sup> October 10.30am-11.30am
<b>NW Recovery Communities</b>	Information Drop-in sessions and support	11.00am-2.00pm
<b>Glasgow Senior Citizens Orchestra</b>	New musicians/members welcome or simply listen and enjoy rehearsals	12noon -2.00pm
<b>Skills Development Scotland</b>	Careers advice for adults and young people recently left school	1.00pm – 5.00pm
<b>UKTC Taekwon-Do</b>	Taekwon-Do classes for all ages – children 3 years+, teenagers and adults	4.00pm – 7.00pm
<b>Zumba Fitness</b>	Fitness with fun	6.30pm - 7.30pm
<b>Shall We Dance</b>	Dance lessons for adults	7.00pm - 9.00pm
<b>Dog Training Club</b>	Obedience training from the very experienced trainer Jim McIntosh	5.30pm - 9.00pm
<b>Pilates with Eilidh</b>	Pilates for everyone. (Phone Eilidh 07841 832591)	7.30pm - 8.30pm
<b>Friday</b>		
<b>WW Reimagined</b>	Wellbeing Workshop from Weight Watchers	9.30am -11.00am
<b>Aye Can Dae Activities</b>	Fun & Fabulous Wellbeing Workshops for Adults with Additional Support Needs	11.00am - 2.00pm
<b>Yoga with Eilidh</b>	Yoga – Options for all levels - beginners welcome	11.30am –12.30am
<b>Glasgow Senior Citizens Big Band</b>	For Musicians with an interest in jazz and swing	2.30pm – 4.30pm
<b>Mulholland School of Dance</b>	Competition Dance Class	5.00pm – 7.00pm
<b>Shining Light</b>	Spiritualist Church meetings - All welcome	7.00pm - 9.00pm
<b>Sequence Dancing</b>	<b>All adults welcome</b>	7.30pm - 9.30pm
<b>Saturday</b>		
<b>Ignite Theatre</b>	Free drama classes. Minis 4 to 7 years Juniors 8 to 12 years	9.30am-10.30am 11.00am- 1.00pm
<b>Shona Campbell School of Dance</b>	Tap & Modern dance class for over 2's	10.15am- 1.15pm
<b>Shimmers Line Dancing Club</b>	Adult class beginners welcome	10.30am – 12.30pm
<b>Table Tennis Club</b>	For advanced players	1.00pm – 3.00pm
<b>Sunday</b>		
<b>Foundation Dog Training</b>	Dog training using positive reinforcements techniques (booking essential)	6.30pm- 8.30pm
<b>AI - Anon Meeting</b>	Self-help group for friends and family of alcoholics	7.30pm - 9.30pm
<b>Alcoholics Anonymous</b>	If alcohol is causing you problems, you are most welcome	7.30pm - 9.30pm