Newsletter

May 2022

Jean bequests £2000 to History Group

Long-time member of the Knightswood Local History Society, Jean Findlater kindly left £2000 in her will to the group. In later



years Jean had poor hearing and often struggled to make out what guest speakers had to say. Jean's bequest specified that the money be used to improve the sound in the room so people could hear the guest speakers.

The group with Jean's gift, paid for a hearing loop system, with amplifier and lapel radio microphone which has now been installed in the Lincoln Hall. This helps the hard of hearing visitors to participate more effectively in meetings and events.

Jean very much identified as a resident of Knightswood and saw the area as her patch. She was born in 1930 and lived in the same house in Langley Avenue beside the Knightswood Golf Course all her life. Jean never married and was a dedicated Christian. Jean had an ecumenical spirit and she helped bring the all churches in Anniesland and Knightswood closer and to work together. Jean was also a keen traveller, some of the adventure holidays she went to were to: India, Tibet, the Himalayas, Canada and to her spiritual home the Island of Iona. Her friend Cathie Fox remembers fondly her time "with Jean on a Norfolk Broads boating holiday as one of the best trips ever".

Jean was a member of the Church of Scotland in Anniesland, she started the 247 Lifeboys and later became the first female Boys Brigade Captain in Scotland.



KNIGHTSWOOD COMMUNITY CENTRE

0141 959 9419

enquires@knightswoodcentre.co.uk www.knightswoodcentre.co.uk

First Class Learning comes to Knightswood Community Centre

Afterschool Maths and English Tuition with Louise 07821 832576

Tuesdays 4pm to 5pm and Fridays 4pm to 5pm



Jean had an interesting and varied working life. She was; an office girl in Barr and Stroud, an assistant carer in a down-syndrome unit in Cardonald, a youth leader with Community Education, literacy tutor, outreach worker with the Church of Scotland and a development worker with Gingerbread. Jean's tour de force was setting up ComPASS Clubs in Glasgow. ComPASS Care was a community development project; it was progressive, a head of its time and held up as model of good practice throughout Scotland. It involved providing holiday care, as well as, before and after school care for children of single parents who wanted to work or go to Further/ Higher Education. It also invited the parents to become involved in the project as volunteers offering them training The effervescent Jean in Drumchapel 1980's opportunities as well as encouraging them to



apply for jobs within ComPASS. In the nineteen seventies and eighties there were two ComPASS clubs in Drumchapel, and one in Maryhill and Easterhouse. Thousands of children and families were supported through the network of ComPASS Clubs and many people have very fond memories of the vivacious Jean. Jean retired in the late 1980's, however in the next thirty years she was a busy as ever with her work for the Church and in the local community.

Beginners & Beyond



Strengthen. Stabilise. Stretch.

Tuesdays 11:30-12:30 Thursdays 19:30-20:30

Knightswood Community Centre Kestrel Room (upstairs)

Please contact Eilidh to book via social media or on 07841 832 591

Block of 5 sessions £35

TUES BLOCK 1 - 31/05, 07/06, 14/06, 21/06, 28/06 TUES BLOCK 2 - 02/08, 09/08, 16/08, 23/08, 30/08

THU BLOCK 1 - 02/06, 09/06, 16/06, 23/06, 30,06 THU BLOCK 2 - 04/08, 11/08, 18,08, 25/08, 01/09

Are you interested in operating Knightswood Community Cafe? This is great business opportunity for a company or social enterprise to develop a Cafe based in the busy Knightswood Community Centre.

Knightswood Community Scottish Charitable Incorporated Organisation is seeking *Expressions* of *Interest* (EOI) from appropriate businesses/ organisations with a view to them securing the cafe concession for <u>Knightswood Community Centre</u> in Glasgow.

The Community Centre is one of the city's busiest community venues with up to 50,000 visits per year from people accessing a broad range of community services and activities. Located in the heart of Knightswood, on the main thoroughfare of Alderman Road, it forms part of a single complex that also comprises the local library and Glasgow Housing Association hub.

Over the last seven years the Centre has been community managed by Knightswood Community SCIO (KCSCIO). Its object is to advance citizenship and community development and provide social, cultural, recreational, and educational facilities that will improve the conditions of life for people in the Knightswood community. Amongst other facilities the Centre has a kitchen and cafe area with seating for approximately sixty people.

Should this opportunity be of interest to you, I would be grateful if you would confirm your EOI by email and provide a brief overview of your business/ organisation, its experience in managing and operating a cafe, and a named contact for further communications. Social enterprises are particularly encouraged to submit an EOI. A more detailed proposal will be sought from a small number of respondents following a visit to the centre and further discussion. KCSCIO will also endeavour to provide any further information these organisations need to submit a robust proposal.

EOIs or any initial queries should be emailed to Gordon Giles (Development Officer at the Centre) development@knightswoodcentre.co.uk



Expressions of Interests must be received by 12 noon on Friday 10th June 2022

Personal Profile of Anne Lindsay (Trustee of Knightswood Community SCIO.)



Anne has spent nearly all her life living in Glasgow. Her family stayed in a prefab in Halley Street, before moving to Yokermill Road and finally she settled in Knightswood. She was born when her parents lived in Croydon (South London). When she was two years old her family moved back to Scotland. Anne is sometimes teased that she is English despite staying sixty-six years in Scotland. She attended Garscadden Primary School then Victoria Drive Secondary School. Anne left school to do a three-year SRN course at the Southern General Hospital. Before she finished her course, Anne became ill. The hospital gave her the

option to return to finish her studies at a later date, however as time passed, Anne's life took a different path. While recovering she attended Clydebank College to study Fabric and Fashion and worked part-time in Clyde Books in Glasgow's High Street. It was around this time she met Allen and they married on the 28th of July 1977.

As many people know Anne is the fitness instructor with Fit 'n' Fun @ Step to Health and has been involved with the group for over 33 years. Anne says that "although the name has changed over the years the emphasis is still on fun, friendship and keeping fit. I have made many good friends through the class and enjoy the comradery and the occasional night out." Anne has been involved in Knightswood Community Centre in a variety of different roles for over forty years. She sat on the Centre's Advisory Committee and participated in the lengthy process of transferring the building to community management from Glasgow Life. Anne is still a dedicated community volunteer and a Charity Trustee of Knightswood Community SCIO.

When Anne had her first daughter, she became aware that there were no activities for parents and toddlers in Knightswood. Together with a friend they placed posters in the local shops asking interested parents to contact them with a view to establishing a toddlers group. The positive response resulted in the establishment of a toddlers group which met in the then youth centre in Dykebar Avenue. After her two daughters, Jane and Susan, started school Anne joined a fitness and exercise class. When the tutor left group members asked Anne if she could take the class. She went on train as a fitness instructor with the Glasgow Keep Fit Movement which is now part of Fitness Scotland. Around the same time Anne also



qualified to become an Adult Learning Tutor with Strathclyde Region's Community Education Service. She spent over twenty years as a tutor presenting Open University and Scotvec courses and classes including fitness and health, nutrition, stress awareness and confidence building. This job took Anne all over Glasgow and she has worked with people from all walks of life and backgrounds. She has a host of stories to tell about her work as a community tutor. Anne recalls working with a group of recovering addicts tutoring a class on exercise and nutrition. When she told some of the young women in the group she had entered the Glasgow Women's 10k run they asked if they could join her. The training was hard but they kept going and successfully completed the 10k run. Not to be outdone the young men in the group asked if she could train them for the Glasgow half marathon. Anne rose to the challenge giving them a half marathon training plan. Anne laughs about it now "they trained so well that on the day two of them beat my best time." Another antidote Anne tells is when Toyah Willcox came to



her fitness class at the Western Baths Club in Hillhead, accompanied by two very large bodyguards, she was awestruck and amazed, but she managed to finish her class and Toyah was very complimentary about her workout. Anne is also a fully trained and qualified clinical aromatherapist and has shared these skills with many people.

Anne has a love of camping and has visited sites throughout Scotland and likes nothing better than "being in a cosy sleeping bag, under canvas with a view

of the stars." She has been camping since childhood. Anne also loves walking and has completed the West Highland Way, Fife Coastal Path and most recently the Fife Pilgrim Way. Fife is a regular holiday destination, especially St Monans Holiday Park either camping or in a

caravan in winter months. Anne has a Spanish brother-in-law who now lives in Canada. When he was sixty, he invited Anne and her husband Allen to go back to Spain with him to celebrate his birthday. This has resulted in Anne and Allen developing a love of rural Spain away from the tourist hotspots. Anne adores the Spanish countryside staying in the Paradores and driving leisurely through Spain and is planning a new Spanish adventure later this year. Anne feels she has had a fulfilled and fortunate life. Over the years she has been so grateful to her "family, friends and colleagues who have given her



the encouragement and confidence to do the work that she loves to do, supporting, enabling, and giving people a helping hand to try something new and to follow a few dreams".