

# Newsletter

July 2022

## Full House for Big Band and Choir

There was a real buzz at the Community Music Morning and Singalong in Knightswood Community Centre on the 22 June. There was not a seat to be had and the morning kicked off with the **Glasgow Senior Citizens' Big Band** rousing version of the Benny Goodman's classic Don't Be That Way.



*The Big Band with vocalist June Love*

On came the iconic jazz vocalist June Love who is only 85 years young and has been over sixty years in the music business. June is from Pollock and started her singing career in the jazz clubs and hotels of Soho. June showed her versatility of voice with a soulful version Bring me Sunshine and finished off her set in the second half with a charismatic swing rendition of Sweet Caroline.

*"a perfect mix with the band playing instrumental jazz classics interspersed by the delightful voice of singer June Love."*



**KNIGHTSWOOD  
COMMUNITY CENTRE**

**0141 959 9419**

[enquires@knightswoodcentre.co.uk](mailto:enquires@knightswoodcentre.co.uk)

[www.knightswoodcentre.co.uk](http://www.knightswoodcentre.co.uk)

The Glasgow Senior Citizens' Big Band were in fine form with on Wednesday morning with their entertaining set.



The band had the audience dancing in the aisles with an upbeat performance of the Glen Miller's classic *American Patrol*.

The **Singergie Choir** who are only four months old, sang with a clarity and agility of voice well advanced of their fledgling age. Conducted by charismatic Ali Brien, they kicked off their set and lifted the spirits of the audience with their upbeat interpretation of *Higher and Higher* followed by *The Rose* with some beautiful harmonies. The audience were treated also to a well known selection of solos and duets which included *Over the Rainbow*, *Mac the Knife*, *Born in Glasgow*, *Edelweiss*, *Amore* and *Country Road*. A sing-along erupted to the ever popular *You are my Sunshine* which got toes tapping and arms waving. The Choir finished their second set with a version of *All about You*.



*Singerie Choir in full voice*

Gary Gentles (Centre Manager) stated that “everyone was so complimentary and enthusiastic about the performances of the Singergie Choir and the Glasgow Senior Citizens Big Band, they both add such a positive vibe to the Centre, and it was great seeing them performing at the same event”. Special thanks to Ann Harvey from Knightswood Connects who organised the publicity, tickets and paid for the buffet. At the interval, the volunteers, and staff from the North West Recovery Communities worked extremely hard serving the food and drink to the one hundred and twenty hungry and thirsty spectators and performers. A final note of appreciation goes to the Trustees of Knightswood Community SCIO who made the event possible with the use of the Alderman Hall.

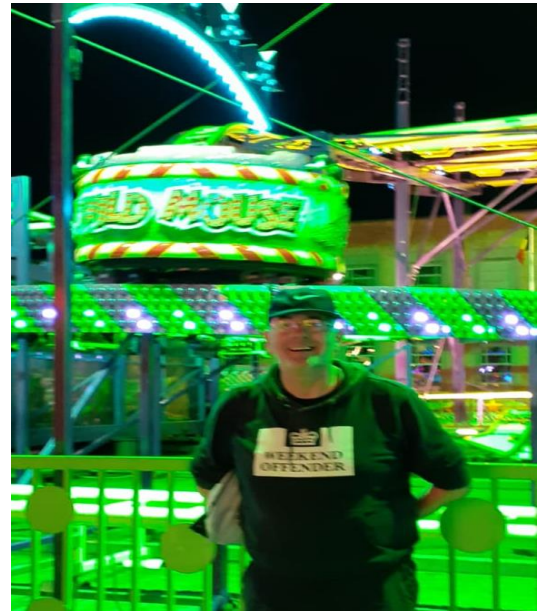
Please look out for more events coming to Knightswood Community Centre: A Craft Fayre, a St Andrew’s Day Variety Show and a Multicultural Burns Afternoon. It is also hoped that there will be a performance of the touring Glasgow Art’s Christmas Panto in the Centre in December 2022.

## Mark Biggins, Personal Profile Secretary of Knightswood Community SCIO



Mark has spent most of his adult life living in Knightswood. He has been attending Knightswood Community Centre for over 20 years. Mark is involved in a variety of local groups and activities; he is Chair of Knightswood Community Council, an organiser of a local Neighbourhood Watch and is the secretary of the Knightswood Community SCIO. Mark received a Community Service Award from the Princess Royal at a crime awareness event which was featured in the Sunday Times.

Mark likes to set himself goals in life especially in relation to travel. He loves the USA, and his aim is to visit the fifty states in that country. So far, he has “bagged” twenty-eight. Another, challenges include visiting every city in the United Kingdom and traveling to all the twenty-seven countries in the European Union. For Mark travel “broadens your horizons, expands your knowledge by experiencing new cultures and can give you memoirs and photos that last a lifetime”. Mark has definitely got an adventurous spirit, he loves roller coasters and has sought out these white-knuckle rides across Europe, the Middle East and the United States. He visited Ferrari World in Abu Dhabi, United Arab Emirates and went on the fastest roller-coaster in the world called Formula Rossa with a speed of 0 to 148 mph in 4.9 seconds, not for the faint hearted!



Away from these high-speed exploits, Mark is also particular fond of the slower pace of board games like; Cluedo, Trivial Pursuit, Risk and Scrabble. Mark reached the final of the Scottish Monopoly Championship which was played in the Clydesdale Bank in Glasgow with real money. Unfortunately, for the contestants after the event they had to hand back the £30,000 to the bank.



Mark also collects “Hard Rock Cafes” and has visited 40 worldwide to date. Another of Mark’s interests is reading, particularly science fiction, fantasy, horror and travel books. Tolkien’s *Lord of the Rings*, Stephen King’s *Misery* and Bill Bryston’s *Down Under* are some of his favourite books.

Mark loves drama and musicals, he recently saw *Back to the Future* at the Adelphi Theatre in London. *Phantom of the Opera* and *Evita* are two of his much-loved Andrew Lloyd Webber’s shows.

Like everyone, Mark is glad that the Covid19 lockdown is finally over, and he is back to meeting friends in person. He is planning a long-delayed trip to Singapore, New Zealand and Australia in the near future. I am sure a few roller coasters will be on the itinerary for this down under adventure.





**Support the NHS by giving blood at  
Knightswood Community Centre on  
Wednesday 20<sup>th</sup> July 2022  
13:30 - 15:30  
17:00 - 19:00**

This session is now run by appointment.

To book a place:

Call 0345 90 90 999 (Monday to Friday, 9am – 5pm),

Register online <https://donor.scotblood.co.uk/dwp/portal/dwa>

Email [nss.snbtsequiry@nhs.scot](mailto:nss.snbtsequiry@nhs.scot).

Appointments are available up to eight weeks in advance of the session.

Online booking closes 14hrs before session begins.

## Knightswood Community Centre Programme July 2022

Monday	Description of Activity	Time or Date Starting Back
<b>Boogie Babies</b>	Parent/ Carer & Toddler group - creative dance session using movement, stories & games. Contact Heather on 07535959967 to register. Booking is essential.	22 <sup>nd</sup> August
<b>Ignite Theatre</b>	Drama Workshops, games and crafts for young people	10am - 4pm (18 July) 10am - 3pm (25 July)
<b>Westbourne Bridge Club</b>	For competent players, new members welcome	1.30pm - 4.30pm
<b>Knightswood Walking Group</b>	Health walk for an hour - everyone welcome	1.30pm – 2.30pm
<b>Mulholland School of Dance</b>	Stage & freestyle dance class for 2 years and over	4.30pm-6.30pm
<b>Fit 'n' Fun @ Step to Health</b>	Have fun at this fitness class for adults	1 <sup>st</sup> August
<b>Yoga with Tracey</b>	Yoga from The Wellness Boutique - beginners welcome	1 <sup>st</sup> August
<b>Youth &amp; Community Theatre</b>	All welcome from 8 years and over	22 <sup>nd</sup> August
<b>Tuesday</b>		
<b>Zumba with Kirsty</b>	Fitness with fun	10.00am – 11.00am
<b>Ignite Theatre</b>	Drama Workshops, games and crafts for young people	10.00am – 4.00pm (19th July)
<b>Pilates with Eilidh</b>	Pilates for everyone (Phone Eilidh 07841 832591)	2 <sup>nd</sup> August
<b>Local History Group</b>	History talks and lectures (Every two weeks or twice a month)	13 <sup>th</sup> September
<b>Nit Wits Knitting Class</b>	Everyone welcome	1.30pm – 3.30pm
<b>Art for All</b>	Art club - all welcome	2.00pm – 5.00pm
<b>West of Scotland Lapidary Society</b>	Stonecutting & polishing - all welcome	2.00pm – 5.00pm
<b>Easy Exercise</b>	Exercise class for the older adult	2.30pm – 3.30pm
<b>First Class Learning</b>	Afterschool Maths and English Tuition with Louise	4.00pm – 5.00pm
<b>Mulholland School of Dance</b>	Gymnastics / Dance for 2 years and over	5.00pm – 7.00pm
<b>Weight to Go with Nikki</b>	Weigh In and Chat	6.00pm – 7.00pm
<b>UKTC Taekwon-Do</b>	Taekwon-Do classes for all ages – children 3 years+, teenagers and adults	2 <sup>nd</sup> August
<b>Yoga with Eilidh</b>	Yoga – Options for all levels - beginners welcome	7.30pm – 8.30pm
<b>Camera Club</b>	For over 18's - beginners welcome	6 <sup>th</sup> September
<b>Shall We Dance</b>	Ballroom Dancing for Beginners	7.30pm – 9.30pm
<b>Wednesday</b>		
<b>Fit 'n' Fun @ Step to Health</b>	Have fun at this fitness class for adults	3 <sup>rd</sup> August
<b>Singergie Choir</b>	Brand new community choir, no auditions and no fees	10.00am –12.00pm
<b>Ignite Theatre</b>	Drama Workshops, games and crafts for young people	10.00am – 4.00pm (20 July)
<b>Zumbini with Asley</b>	Exciting music and movement for children aged 0-5	10.45am – 11.30am
<b>Scottish National Blood Transfusion Services</b>	Give blood for the National Health Service (Phone for appointment 0345 9090 999 or register online: <a href="https://donor.scotblood.co.uk/dwp/portal/dwa">https://donor.scotblood.co.uk/dwp/portal/dwa</a> )	13.30pm - 15.30pm 17.00pm – 19.00pm <b>(20th July only)</b>
<b>Wednesday Friendship Club</b>	Friendship Club for the over 60's varied programme of activities	7 <sup>th</sup> September
<b>West of Scotland Mineral &amp; Lapidary Society</b>	Enamelling Group	2.00pm - 5.00pm
<b>Shona Campbell School of Dance</b>	Tap and modern dance class for over 12's	17 <sup>th</sup> August
<b>WW Reimagined</b>	Wellbeing Workshop from Weight Watchers	5.30pm

<b>NW Recovery Communities Men's Group</b>	For anyone promoting recovery in the community. Sit and share all men welcome	5.00pm - 7.00pm
<b>Yoga with Tracey</b>	Yoga from The Wellness Boutique - beginners welcome	3 <sup>rd</sup> August
<b>WKKA Scotland</b>	Karate class for 5 years old and over	17 <sup>th</sup> August
<b>Table Tennis Club</b>	For all levels of players	7.00 pm - 9.00pm
<b>Anam Crafts</b>	Advanced crafts group - please phone Jacqui 07426416221	7.30pm - 9.30pm
<b>Glasgow Classical String Orchestra</b>	A music group for amateur and proficient string players	14th September
<b>Thursday</b>		
<b>Fit 'n' Fun @ Step to Health</b>	Have fun at this fitness class for adults	4 <sup>th</sup> August
<b>NW Recovery Communities</b>	Information Drop-in sessions and support	11.00am-2.00pm
<b>Ignite Theatre</b>	Drama Workshops, games and crafts for young people	10.00am – 4.00pm (21 July)
<b>Glasgow Senior Citizens Orchestra</b>	New musicians/members welcome or simply listen and enjoy rehearsals	8 <sup>th</sup> September
<b>Skills Development Scotland</b>	Careers advice for adults and young people recently left school	1.00pm – 5.00pm
<b>UKTC Taekwon-Do</b>	Taekwon-Do classes for all ages – children 3 years+, teenagers and adults	4.00pm – 6.00pm
<b>Zumba Fitness</b>	Fitness with fun	6.30pm - 7.30pm
<b>Shall We Dance</b>	Dance lessons for adults	7.00pm - 9.00pm
<b>Dog Training Club</b>	Obedience training from the very experienced trainer Jim McIntosh	11 <sup>th</sup> August
<b>Pilates with Eilidh</b>	Pilates for everyone. (Phone Eilidh 07841 832591)	4 <sup>th</sup> August
<b>Friday</b>		
<b>WW Reimagined</b>	Wellbeing Workshop from Weight Watchers	9.30am
<b>Ignite Theatre</b>	Drama Workshops, games and crafts for young people	10am - 4pm (22 July) 10am - 3pm (29 July)
<b>Aye Can Dae Activities</b>	Fun & Fabulous Wellbeing Workshops for Adults with Additional Support Needs	11.00am - 2.00pm
<b>Yoga with Eilidh</b>	Yoga – Options for all levels - beginners welcome	11.30am –12.30am
<b>Glasgow Senior Citizens Big Band</b>	For Musicians with an interest in jazz and swing	2.30pm – 4.30pm
<b>First Class Learning</b>	Afterschool Maths and English Tuition with Louise	4.00pm – 5.00pm
<b>Mulholland School of Dance</b>	Competition Dance Class	5.00pm – 7.00pm
<b>Shining Light</b>	Spiritualist Church meetings - All welcome	7.00pm - 9.00pm
<b>Sequence Dancing</b>	All Welcome for adults	7.30pm - 9.30pm
<b>Saturday</b>		
<b>Ignite Theatre</b>	Free drama class for Minis 4 to 7 years and Juniors 8 to 12 years	20 <sup>th</sup> August
<b>Shona Campbell School of Dance</b>	Tap & Modern dance class for over 2's	20 <sup>th</sup> August
<b>Shimmers Line Dancing Club</b>	Adult class beginners welcome	10.30am - 12.30pm
<b>Table Tennis Club</b>	For advanced players	1.00pm – 3.00pm
<b>Sunday</b>		
<b>Foundation Dog Training</b>	Dog training using positive reinforcements techniques (booking essential)	21 <sup>st</sup> August
<b>AI - Anon Meeting</b>	Self-help group for friends and family of alcoholics	7.30pm - 9.30pm
<b>Alcoholics Anonymous</b>	If alcohol is causing you problems, you are most welcome	7.30pm - 9.30pm