

Newsletter

February/March
2022

New Plans for former Swimming Pool,

As a recognised Community Anchor Organisation, Knightswood Community SCIO (KCSCIO) has been leading the way in **seeking an alternative community use for the now derelict Knightswood Swimming Pool**, which closed on Thursday 25th March 2010. Although Glasgow Life is still responsible for the pool building on behalf of Glasgow City Council, KCSCIO is the charity that operates the adjoining Knightswood Community Centre. KCSCIO was awarded funding by the Scottish Government to come up with new plans, explore options and stimulate interest in regenerating the disused pool building, and had the approval and support of Glasgow Life and the Council in undertaking this research and development work.



Concept drawing: External View of proposed IGSS Centre from Dunterlie Avenue.

If anyone would like more information on this project, please contact: Gordon Giles (Knightswood Community Centre Development Officer) on 0141 959 9419 or email:



KNIGHTSWOOD COMMUNITY CENTRE

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The Derelict Pool as it is Today

Initially, KCSCIO carried out a community consultation exercise in 2018-19. This involved over 250 people and concluded that an Intergenerational Shared Space (IGSS) was the preferred use for the disused swimming pool building. This would host a mix of services for children, young people and older people, as well as a range of formal activities and informal opportunities for them to interact.



Concept drawing: Internal View of proposed IGSS Centre

A multi-agency Steering Group was then established in September 2020 with the aim of helping to develop the former swimming pool into an IGSS, the first purpose-built intergenerational building in the UK. The group included representatives from Glasgow Life, Glasgow Housing Association, CEIS, Knightswood Connects, Generations Working Together and Knightswood Community SCIO. In February 2021, architects INCH Architecture and Design was appointed to appraise, review, as well as make recommendations and produce design proposals for the future redevelopment of the former pool building. INCH Architecture and Design worked in partnership with the IGSS Steering Group and has now produced concept drawings for the former swimming pool as well as a very comprehensive Feasibility Design Report.

Although KCSCIO has been spearheading the IGSS development to date, the project is now at the stage of seeking one or more third sector organisations working in the social care sector to turn the concept into a reality.

New Groups in Centre

Singergie Choir hit the right note coming to Knightswood.



A new Glasgow Choir has started on **Wednesday the 9th March 2022** at Knightswood Community Centre from 10am - 12noon. Singergie is a brand new no-fee community choir, set up to meet the demand of people looking for fun and friendship through singing. Everyone in the community is welcome. There are no fees, so it won't cost you a penny. Singing should be fun for everyone, so don't worry if you think you can't sing and there are no auditions!

The choir covers all genres of music, so there's something for

everyone – contemporary, folk, pop, rock, ballads, anthems, Scottish and more. It's about the buzz, so come along and have some fun singing and meeting new friends. **Simply come along on the morning and join the fun.**

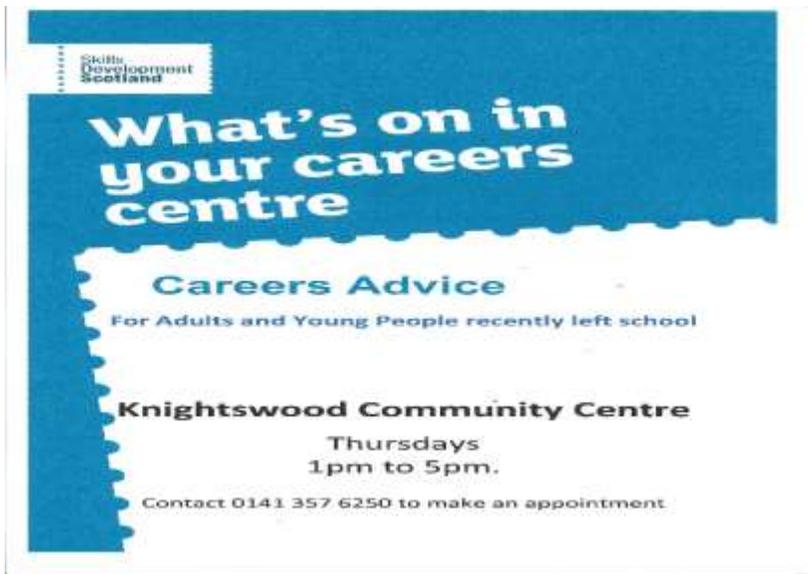


For more information, please contact Lynne on; 07909 095323 or email; lynne@singerjie.com

Find the right path: Careers Advice in Knightswood

If you want guidance to discuss work or education options, you can now speak to a Careers Adviser in Knightswood Community Centre on **Thursday afternoons from 1pm to 5pm**. Please contact Skills Development Scotland to make an appointment to see an adviser on 0141 357 6250.

This is a free all age service, which is available to recent school leavers who are wondering what career path to take or wondering what opportunities are available. It is also open to adults looking for some advice about returning to Work or Education. This service is also accessible to anyone who has been made redundant and are looking for some Careers advice.



Skills Development Scotland offer expert career information, advice and guidance to customers of all ages. The Career Service aims “to empower people from all communities to make their own learning and career decisions, based on the best available career intelligence, up-to-date knowledge of route and pathways and an understanding of their own strengths and interests”

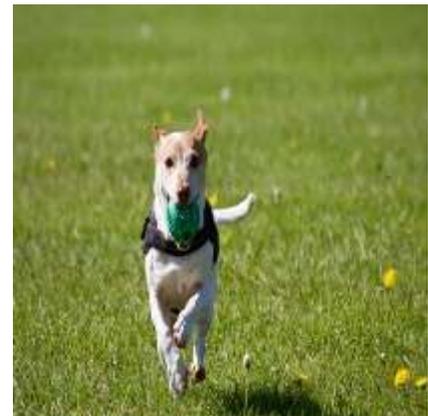
The Foundation Dog Training Club takes the lead on Sunday Nights

The Foundation Dog Training Club teach positive reinforcement training techniques which are science-based. The Club believe the strongest bond between human and dog is built on trust and kindness, not fear of punishment. They do not use abusive techniques or harsh handling / physical corrections as studies have shown these to be less effective when training animals.

Classes: Sunday - Knightswood Community Centre

- 6.30pm - Puppies (under 5months)
- 7.30pm (Beginner Dogs)
- 8pm (Adult Dogs)

Dogs must have had all their vaccinations including Kennel Cough. The Courses offered are Kennel Club Good Citizen Scheme Awards - Puppy Foundation; Bronze; Silver & Gold.



The Club has waiting lists for all classes (other than the Puppy Class). So please contact Theresa, details below, or through the form on their [website](#) to see when spaces may be available and to be added to their waiting list. Customers can also request information about either Individual Training or a Behavioural Modification Programmes. Please include the age and breed of dog as well as any known problems. For more information, please contact Theresa on 07948 539 794 or email; DrTheresaMac@gmail.com

Personal Profile on Carol Steele (Vice Chair of Knightswood Community SCIO)



Carol Steele is the Vice-Chairperson of Knightswood Community SCIO. She has been coming to the Community Centre since 2001 when she went to dog training classes. A year later Carol volunteered to join the Centre's Advisory Group. In 2003 she was nominated to become a board member of the Community Centre's Management Group. The Centre was managed and operated by Glasgow Life until October 2015. Carol was involved in the lengthy process of transferring the building to community management by Glasgow City Council.

Carol is now going back to dog training classes in the Centre with her new two puppies called Beesley (Maltichon) and Barley (Poochon). They are a lively, chew everything, pair of loveable scallywags.

Carol has worked and devoted most of her adult life to the National Health Service. She trained for three years as a nurse at the Royal Hospital for Sick Children, known to everyone locally as Yorkhill Hospital. After graduating, in 1985, she got a post working in the paediatric Cardiac Ward where she spent twenty years caring and supporting families of babies and children with heart conditions. Carol cherished working with these brave children and found the job personally rewarding.

In 2005, Carol moved to community nursing working within the Health Visiting team at Plein Street providing support and guidance to families and young people. During this time, she achieved her BSc outwith working hours. After fourteen years in the health visitor's team, Carol was up to a new challenge. She is now a Coordinator for the Pre-school Immunisation Team based in Drumchapel, covering North West Glasgow and West Dunbartonshire.

When Carol is not working, she likes to go travelling. A particular favourite is visiting friends in New Jersey in the USA. Other exciting trips have included a Caribbean Cruise, a Greek island cruise and relaxing in the Canary Islands. She also enjoys UK holidays taking her niece and nephew camping and self-catering. Before the Covid pandemic, Carol and enjoyed long weekend city breaks with her close group of friends. She sometimes even goes away with her husband of 26 years, David!

Carol adores dancing having taken classes in Jive and Salsa, so watch out you may see her on the Knightswood Come Dancing stage someday. Carol also goes to watch Scotland playing Rugby and recently enjoyed her national team beating England at Murrayfield to retain the Calcutta Cup. She also enjoys hill walking having bagged 24 Munros, only 258 to go jokes Carol. In order to relax from a demanding job, she loves nothing better than a leisurely meal at a good restaurant enjoying excellent food and fine dining. For Carol afternoon teas are also a particularly enjoyable treat.



Blue Tit: Carol Steel: Media: Pastel



Butterflies: Carol Steel: Media: Pastel

Carol has a passion and skill that she doesn't often talk about. She loves to draw mainly in pastels with their velvety textures and deep rich colours. These days Carol hasn't got much time for her art, but in the near future, you never know, we may well see her in the Provence countryside capturing the light and sunflowers. Carol has kindly given us some digital samples of her art for this newsletter.

Jayne hangs up her scales after 22 years

Jayne Taylor (Lighter Weighs) has hung up her scales after 22 years of running weight loss programmes and slimming classes in Knightswood Community Centre. She initially worked for Scottish Slimmers, then in 2019 she joined the Lighter Ways franchise which runs classes throughout Scotland. Under Jayne's encouraging eye, Knightswood residents have lost thousands of kilograms and pounds over the years. Jayne said on her last day 'it was great working with people to achieve their personal targets and to see at first hand the benefits to their health and wellbeing. It was a delight observing people becoming more confident, having more energy and doing the small things like playing games in the garden with their children'.

Jayne remembers the first time she discovered the Centre back in year 2000. She was desperately looking for a warmer venue to hold her classes and could not believe her luck when she came across the toasty Knightswood Community Centre. Unfortunately, there was initially no room at the Centre, however after a few weeks, she was offered a room and never looked back.



Jayne (in the middle) saying a last goodbye to a few of her members.

Jayne would especially like to thank all the Centre's staff team; Gary, Bozena, Sandy, Brian and John for their support over the years. Jayne's bubbly personality and enthusiasm will be missed by all her customers and everyone who knew her at Knightswood Community Centre.

We wish her all the best in turning a new chapter and page in her life.

Knightswood Community Centre Programme March 2022

MONDAY

English Class and Crèche	A class for English Speakers of other Languages (Contact Linkes on 0141 954 7554 to book a place)	9.30am - 12.00pm
Boogie Babies	This Parent/ Carer & Toddler group is a creative dance session using movement, storytelling & games. Please contact Heather on 07535959967 to register. Booking is essential.	10.00am - 11.00am
Aye Can Dae Activities	Fun & Fabulous Wellbeing Workshops for Adults with Additional Support Needs.	11.00am - 2.00pm
Westbourne Bridge Club	All standards of bridge players are welcome.	1.30pm - 4.30pm
Knightswood Walking Group	Health walk for an hour - everyone welcome.	1.30pm - 2.30pm
Fit 'n' Fun @ Step to Health	Have fun at this fitness class for adults.	5.45pm - 6.45pm
Yoga with Tracey	Yoga from The Wellness Boutique - beginners welcome.	6.15pm - 7.15pm
Youth & Community Theatre	All young people welcome from 8 years and over.	7.00pm - 9.00pm

TUESDAY

English Class and Crèche	A class for English Speakers of other Languages (Contact Linkes on 0141 954 7554 to book a place)	9.30am - 12.00pm
Zumba with Kirsty	Fitness with fun.	10.00am - 11.00am
Local History Group	History talks and lectures (Every two weeks or twice a month).	10.30am - 12.00pm
Nit Wits Knitting Class	Everyone welcome.	1.30pm - 3.30pm
Art for All	Art club for adults - all welcome.	2.00pm - 5.00pm
West of Scotland Mineral & Lapidary Society	Stonecutting & polishing - all welcome.	2.00pm - 5.00pm
Easy Exercise	Exercise class for the older adult.	2.30pm - 3.30pm
Mulholland School of Dance	Gymnastics / Dance for young people aged 2 years and over.	5.00pm - 6.00pm
Weight to Go with Nikki	Weigh In and Chat.	6.00pm - 7.00pm
Mulholland School of Dance	Stage & freestyle dance class for young people aged 2 years and over.	6.00pm - 9.00pm
Shall We Dance	Ballroom Dancing for Beginners.	7.30pm - 8.30pm
B2BA Yoga	Yoga - Options for all levels - beginners welcome.	7.30pm - 8.30pm
Camera Club	For over 18's - beginners welcome.	7.30pm - 9.30pm

WEDNESDAY

Fit 'n' Fun @ Step to Health	Have fun at this fitness class for adults.	9.30am - 10.30am
Singergie Choir (New group)	A brand new no-fee community choir with no auditions, just fun and a relaxed two hours of singing.	10.00am - 12.00pm
Wednesday Friendship Club	Friendship Club for the over 60's.	1.30pm - 4.00pm
West of Scotland Mineral & Lapidary Society	Enamelling Group.	2.00pm - 5.00pm
Shona Campbell School of Dance	Tap and modern dance class for over 12's.	5.00pm - 7.00pm
WW Weight Watchers Reimagined	Wellbeing Workshop.	5.30pm - 7.00pm

WEDNESDAY (CONTINUED)

North West Recovery Communities Sit and Share Men's Group	For anyone promoting recovery in the community. All men welcome.	5.30pm - 7.00pm
Yoga with Tracey	Yoga from The Wellness Boutique - beginners welcome.	6.00pm - 7.00pm
Shona Campbell School of Dance	Adult Tap Class.	7.00pm - 8.00pm
WKKA Scotland	Karate class for 5 years old and over.	7.00pm - 8.00pm
Table Tennis Club	For all levels of players.	7.00 pm - 9.00pm
Anam Crafts	Advanced crafts group - please phone Jacqui 07426416221.	7.30pm - 9.30pm
Clydeside Strings	A music group for amateur string players.	7.30pm - 9.30pm

THURSDAY

Fit 'n' Fun @ Step to Health	Have fun at this fitness class for adults.	9.30am -10.30am
North West Recovery Communities	Information Drop-in sessions and support.	10.30am-2.00pm
Glasgow Senior Citizens Orchestra	New musicians/members welcome or simply listen and enjoy rehearsals.	12noon - 2.00pm
Skills Development Scotland (Careers Advice)	Careers advice for adults and young people recently left school.	1:00pm - 5:00pm
UKTC Taekwon-Do	Taekwon-Do classes for all ages - children aged 3yrs+, teenagers and adults.	4.00pm - 7.00pm
Zumba Fitness	Fitness with fun.	6.30pm - 7.30pm
Shall We Dance	Dance lessons for adults.	7.00pm - 9.00pm
Dog Training Club	Obedience training from the very experienced dog trainer Jim McIntosh.	7.00pm - 9.30pm

FRIDAY

Aye Can Dae Activities	Fun & Fabulous Wellbeing Workshops for Adults with Additional Support Needs.	11.00am - 2.00pm
B2BA Yoga	Yoga - Options for all levels - beginners welcome.	11.30am - 12.30 pm
Mulholland School of Dance	Competition Dance Class.	5.00pm - 7.00pm
Shining Light	Spiritualist Church meetings - All welcome.	7.30pm - 9.30pm
Sequence Dancing	All Welcome.	7.30pm - 9.30pm

SATURDAY

Ignite Theatre	Free drama class for Minis 4 to 7 years. Free drama class for Juniors 8 to 12 years.	9.30am - 10.30pm 11.00am - 1.00pm
Shimmers Line Dancing Club	Adult class beginners welcome.	10.00am - 1.00pm
Shona Campbell School of Dance	Tap & Modern dance class for over 2's.	10.15am - 1.15pm

SUNDAY

Foundation Dog Training Club	Dog training using positive reinforcement techniques (Booking is essential).	6:30 pm - 8:30 pm
AI - Anon Meeting	Self-help group for friends and family of alcoholics.	7.00pm - 9.00pm
Alcoholics Anonymous Meeting	If alcohol is causing you problems, you are most welcome.	7.30pm - 9.30pm