



KNIGHTSWOOD
COMMUNITY CENTRE

Something for Everyone

AMENDED PROGRAMME
OCTOBER 2021



We produced a new Knightswood Centre Brochure in April 2021, unfortunately we were unable to distribute it round the community due to the Covid19 lockdown.

This Leaflet has an up-to-date programme of activities and groups running in the Centre. See back page for groups not returning to the Centre.

MONDAY

English Class and Crèche	A class for English Speakers of other Languages (Contact Linkes on 0141 954 7554 to book a place)	9.30am-12.00pm
Boogie Babies	This Parent/ Carer & Toddler group is a creative dance session using movement, storytelling & games	9.30am-11.30am
Can Dae Activities	Fun & Fabulous Wellbeing Workshops for Adults with Additional Support Needs	11.00am-2.00pm
Westbourne Bridge Club	For experienced players only	1.00pm-4.00pm
Knightswood Walking Group	Health walk for an hour-everyone welcome	1.30pm-2.30pm
Yoga with Tracey	Yoga from The Wellness Boutique-beginners welcome	6.15pm-7.15pm
Youth & Community Theatre	All welcome from 8 years and over	7.00pm-9.00pm

TUESDAY

English Class and Crèche	A class for English Speakers of other Languages (Contact Linkes on 0141 954 7554 to book a place)	9.30am-12.00pm
Zumba with Kirsty	Fitness with fun	10.00am-11.00am
Local History Group	History talks and lectures (Every two weeks or twice a month)	10.30am-12.00pm
Nit Wits Knitting Class	Everyone welcome	1.30pm-3.30pm
Art for All	Art club-all welcome	2.00pm-5.00pm
West of Scotland Mineral & Lapidary Society	Stonecutting & polishing-all welcome	2.00pm-5.00pm
Easy Exercise	Exercise class for the older adult	2.30pm-3.30pm
Mulholland School of Dance	Gymnastics / Dance for 2 years and over	5.00pm-6.00pm
Weight to Go with Nikki	Weigh In and Chat	6.00pm-7.00pm
Mulholland School of Dance	Stage & freestyle dance class for 2 years and over	6.00pm-9.00pm
Shall We Dance	Ballroom Dancing for Beginners	7.30pm-8.30pm
B2BA Yoga	Yoga-Options for all levels-beginners welcome	7.30pm-8.30pm
Camera Club	For over 18's-beginners welcome	7.30pm-9.30pm

WEDNESDAY

Fit 'n' Fun @ Step to Health	Have fun at this fitness class for adults	9.30am-10.30am
Lighter Weighs with Jayne	Slimming Club	10.00am-11.00am
Wednesday Friendship Club	Friendship Club for the over 60's	1.30pm-4.00pm
West of Scotland Mineral & Lapidary Society	Enamelling Group	2.00pm-5.00pm
Shona Campbell School of Dance	Tap and modern dance class for over 12's	4.30pm-8.30pm
WW Weight Watchers Reimagined	Wellbeing Workshop	5.30pm-7.00pm

WEDNESDAY (continued)

North West Recovery Communities Sit and Share Men's Group	For anyone promoting recovery in the community. All men welcome	5.30pm-7.00pm
Table Tennis Club	For all levels of players	7.00 pm-9.00pm
WKKA Scotland	Karate class for 5 years old and over	7.00pm-8.00pm
Anam Crafts	Advanced crafts group-please phone Jacqui 07426416221	7.30pm-9.30pm
Clydeside Strings	A music group for amateur string players	7.30pm-9.30pm
Shona Campbell School of Dance	Adult tap class	8.30pm-9.30pm

THURSDAY

North West Recovery Communities	Information Drop-in sessions and support	11.00am-2.00pm
Glasgow Senior Citizens Orchestra	New musicians/members welcome or simply listen and enjoy rehearsals	12noon-2.00pm
Zumba Fitness	Fitness with fun	6.30pm-7.30pm
Shall We Dance	Dance lessons	7.00pm-9.00pm
Dog Training Club	Basic obedience training	7.00pm-9.30pm
Fit 'n' Fun @ Step to Health	Have fun at this fitness class for adults	7.45pm-8.45pm

FRIDAY

Aye Can Dae Activities	Fun & Fabulous Wellbeing Workshops for Adults with Additional Support Needs	11.00am-2.00pm
Mulholland School of Dance	Competition Dance Class	5.00pm-7.00pm
Shining Light	Spiritualist Church meetings-All welcome	7.30pm-9.00pm
Sequence Dancing	All Welcome	7.30pm-9.30pm

SATURDAY

Yoga with Tracey	Yoga from The Wellness Boutique-beginners welcome	9.00am-10.00am
Ignite Theatre	Free drama class for Minis 4 to 7 years Free drama class for Juniors 8 to 12 years	9.30am-10.30pm 11.00am-1.00pm
Shona Campbell School of Dance	Tap & Modern dance class for over 2's	10.15am-1.15pm
Shimmers Line Dancing Club	Adult class beginners welcome	10.30am-12.30pm

SUNDAY

Al-Anon Meeting	Self-help group for friends and family of alcoholics	7.00pm-9.00pm
Alcoholics Anonymous Meeting	If alcohol is causing you problems, you are most welcome	7.30pm-9.30pm



KNIGHTSWOOD COMMUNITY CENTRE

Sadly, after the pandemic the following groups described in our Brochure will not be returning to the Centre:

- Chatter Club
- Line Dancing and Family Club
- Narcotics Anonymous
- Old Time Dancing
- UKTC Taekwon-Do Little Tiger Cubs
- XS Taekwondo

Three other groups hope in the future (if funding becomes available) to return to the Centre in 2022 to provide a service again to the community of Knightswood.

- Drumchapel Citizens Advice Bureau
- Drumchapel Money Advice
- Kids Club/Glasgow Life Knightswood Play Club

However, on a brighter note the Centre still has a fantastic programme of activities for all age groups. We welcome some new groups and organisations to the venue; North West Recovery Communities and Weigh To Go with Nikki.

We would also like to take this opportunity to inform you that the board of Knightswood Community SCIO has taken the decision not to reopen the Community Centre's café until the situation has returned to a pre Covid normality and not seek a new operator before all Covid restrictions, including social distancing, are eased. It is hoped the café will re-open in early 2022.



Halls and rooms available to hire		Maximum Occupancy
Alderman Hall		240
Lincoln Hall		60
Thane Room		20
Bankhead Room		50
Chaplet Room		70
Kestrel Room		40
Hermitage Room		40

CONTACT US:

Knightswood Community Centre, 201 Alderman Road, Glasgow, G13 3DD

Tel: 0141 959 9419

Email: enquiries@knightswoodcentre.co.uk

www.knightswoodcentre.co.uk

<https://www.facebook.com/Knightswood-Community-Centre-132216143492634/>

CENTRE OPENING HOURS:

Monday – Friday: 9.00am – 9.30pm • Saturday: 9.00am – 3.30pm • Sunday: 5.30pm – 9.30pm



Scottish Government
Riaghaltas na h-Alba
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